



SUGGESTED USE

SHAKE WELL BEFORE USING

Take up to 40 drops in 2 oz. of water or juice, two to four times per day. Best taken between meals.

Caution: Seek expert medical advice before taking during pregnancy.

Keep Out of the Reach of Children

Store away from heat & light

BLACK COHOSH

SYSTEM RESTORATION

Reproductive*



HERBAL SUPPLEMENT

4 fluid ounces (118.4 ml)

Black Cohosh Liquid Extract

Ingredients: certified organic alcohol (76-86%), distilled water & Certified Organic Black Cohosh extractives. **GLUTEN-FREE**

Dry herb / menstruum ratio: 1 : 5

We prepare our Black Cohosh Extract from the rhizome & rootlets of *Actaea racemosa* plants which are **Certified Organically Grown** especially for us in their native forest habitat in eastern Kentucky.

To assure optimal extraction of Black Cohosh's isoflavones & other bioactive compounds, the rhizome & rootlets are hand-dug only in autumn or spring, are carefully shade-dried, and are then thoroughly extracted.

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

CERTIFIED ORGANIC BY ORGANIC CERTIFIERS

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.