

BLACK COHOSH

SYSTEM RESTORATION

Reproductive



HERBAL SUPPLEMENT

1 fluid ounce (29.6 ml)

SUGGESTED USE

SHAKE WELL BEFORE USING

Take up to 40 drops in 2 oz. of water or juice, two to four times per day. Best taken between meals.

Caution: Seek expert medical advice before taking during pregnancy.

Keep Out of the Reach of Children
Store away from heat & light

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Black Cohosh Liquid Extract

Ingredients: certified organic alcohol (76-86%), distilled water & Certified Organic Black Cohosh extractives. **GLUTEN-FREE**

Dry herb / menstruum ratio: 1 : 5

We prepare our Black Cohosh Extract from the rhizome with rootlet of *Actaea racemosa* plants which are **Certified Organically Grown** especially for us in their natural forest habitat in eastern Kentucky.

To assure optimal extraction of Black Cohosh's isoflavones & other bioactive compounds, the rhizome with rootlet is hand-dug only in autumn or spring, is carefully shade-dried, and is then thoroughly extracted.

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CERTIFIED ORGANIC BY ORGANIC CERTIFIERS

