

DYMATIZE
NUTRITION

PerformanceDriven

**NEW
PRE
WORKOUT**

M.P.A.C.T

Energy Ignitor^x

N.O. Activator^x

Instantly Soluble BCAAs^x

University Proven Gains^x

FRUIT PUNCH

NATURALLY & ARTIFICIALLY FLAVORED

NET WT 12 OZ (340g)

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size: 1 Scoop (11g) Servings Per Container: 30

Amount Per Serving		% DV
Vitamin C	150 mg	250%
Niacin (as Niacin & Niacinamide)	30 mg	150%
Vitamin B6 (as Pyridoxal-5-Phosphate)	7 mg	350%
Folate	150 mcg	38%
Vitamin B12 (as Methylcobalamin)	21 mcg	350%
Muscle Power Blend	5 g	*
Creatine Monohydrate, CarnoSyn® Beta-Alanine, Chain•SOL® 2:1:1 Water Soluble BCAAs, (L-Leucine, L-Isoleucine, L-Valine), Creatinol-O-Phosphate, Sustamine™ Alanyl-Glutamine		
Energy and Focus Blend	3 g	*
L-Taurine, N-Acetyl Tyrosine, Glucoronolactone, Caffeine Anhydrous, Rhodiola Rosea (5% Rosavins, 3% Salidroside), Quercetin-O-Rutinoside (Rutin), AssuriTEA™ Green Tea Extract (Water Extracted Camillia Sinesis), Quercetin		
Vaso Active Blend	1 g	*
Agmatine Sulfate, NITRO ₂ GRANIT™ (Pomegranate Fruit Extract, 50% Polyphenols), Beet Root Extract (Beta Vulgaris)		

* Daily Value (DV) not established.

OTHER INGREDIENTS: Citric Acid, Beet Powder (For Color), Malic Acid, Natural and Artificial Flavors, Stabilizer Blend (Xanthan Gum, Gum Arabic), Silicon Dioxide, Sucralose, Stevia Leaf Extract, Acesulfame Potassium, Soy Lecithin

Contains Soy.

Total Caffeine Per Scoop: 200mg

^xThese statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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We know that you are performance driven, whether that be to improve lean body mass or compete at a higher level. Dymatize developed the new **PerformanceDriven** line with your goals in mind via Pre, Intra and Post training support.^x

Dymatize M.P.A.C.T is the perfect pre workout to fuel your training. This muscle performance activator provides the energy, endurance and focus to get the most from your training and delivers university proven results (Dymatize.com/studies).^x Contains:

- Caffeine for quick and sustained energy^x
- N.O. activators Agmatine, NITRO₂GRANIT™, and Beet Root Extract to support circulation and endurance^x
- Instantly soluble BCAAs, Creatine, and Beta Alanine to support endurance, strength, and recovery^x
- N-Acetyl Tyrosine to support increased focus^x

M.P.A.C.T is the ideal pre workout to get the most out of your training.^x

DIRECTIONS: Mix 7-9 oz of water with each scoop (provided) of M.P.A.C.T and drink 20 - 30 minutes prior to training. You can vary the amount of water to achieve individual desired flavor and sweetness level.

1 Scoop (11g): First time users (to assess tolerance) 2 scoops (22g): Experienced users

Note: This product contains caffeine and Beta-alanine (see warning below). Do not exceed 2 servings (2 scoops) in a 24 hour period.

WARNING: KEEP OUT OF REACH OF CHILDREN. NOT INTENDED FOR PERSONS UNDER 18 YEARS OF AGE. DO NOT EXCEED RECOMMENDED SERVING. DO NOT USE IF PREGNANT OR NURSING. CONSULT A PHYSICIAN PRIOR TO USING THIS PRODUCT, ESPECIALLY IF YOU HAVE PREEXISTING MEDICAL CONDITIONS, INCLUDING HIGH BLOOD PRESSURE, HEART OR THYROID PROBLEMS, NERVOUS DISORDERS, DIABETES, OR ARE TAKING ANY MEDICATIONS. DO NOT USE IF YOU ARE SENSITIVE TO CAFFEINE CONTAINING PRODUCTS. LIMIT THE USE OF CAFFEINE CONTAINING MEDICATIONS, FOODS OR BEVERAGES WHILE TAKING THIS PRODUCT BECAUSE TOO MUCH CAFFEINE CAN CAUSE NERVOUSNESS, SLEEPLESSNESS, AND AN OCCASIONALLY RAPID HEARTBEAT. THIS PRODUCT CONTAINS BETA-ALANINE AMINO ACID, WHICH MAY CAUSE A TINGLING SKIN SENSATION IN SOME INDIVIDUALS. THIS EFFECT SHOULD DIMINISH AFTER A FEW HOURS AND LESSEN WITH REGULAR USE. USE ONLY AS DIRECTED. IMPROPER USE OF THIS PRODUCT WILL NOT IMPROVE RESULTS AND IS NOT ADVISED. DO NOT USE IF PACKAGING IS NOT SEALED OR SHOWS SIGNS OF TAMPERING.

Manufactured & Distributed by:
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Natural Alternatives International (NAI) is the owner of
patents 5,965,596, 6,426,361, 6,680,294
and registered trademark CarnoSyn

