

Cascara Sagrada Liquid Extract

Ingredients: certified organic alcohol (18-22%), distilled water & Cascara Sagrada extractives. **GLUTEN-FREE**

Dry herb / menstruum ratio: 1 : 5

We prepare our Cascara Sagrada Extract from the bark of *Frangula purshiana* trees, which is **Sustainably Wildcrafted** in its wild mountain habitat in the Pacific Northwest.

To assure a mild, non-irritating action, the bark is sun-dried, and is then aged for one year before being extracted.

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CASCARA SAGRADA

SYSTEM RESTORATION

Gastrointestinal



HERBAL SUPPLEMENT

4 fluid ounces (118.4 ml)

SUGGESTED USE

SHAKE WELL BEFORE USING

Take up to 40 drops in 2 oz. of water
or juice, one to three times per day.

Best taken between meals.

Caution: Seek expert medical advice prior to use during pregnancy or nursing. Do not use in intestinal obstruction, diarrhea, abdominal pain or inflammation. Not for use in children younger than 12 years old. Do not exceed recommended dose and do not use for longer than 8 consecutive days.

Keep Out of the Reach of Children

Store away from heat & light

