



SUGGESTED USE

SHAKE WELL BEFORE USING

Take up to 40 drops in 2 oz. of water or juice, two to four times per day. Best taken between meals.

Caution: Seek expert medical advice before taking during pregnancy.

Keep Out of the Reach of Children

Store away from heat & light

CALIFORNIA POPPY

NERVOUS SYSTEM*

Calming*



HERBAL SUPPLEMENT

4 fluid ounces (118.4 ml)

California Poppy Liquid Extract

Ingredients: certified organic alcohol (54-64%), distilled water & Certified Organic California Poppy extractives. **GLUTEN-FREE**

Fresh herb / menstruum ratio: 1 : 1.75

We prepare our California Poppy Extract from fresh (undried) *Eschscholzia californica* plants (root, leaf & flower) which are **Certified Organically Grown** on our own farm.

The plants are hand-harvested while in full flower and promptly extracted while still fresh and succulent.

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

CERTIFIED ORGANIC BY ORGANIC CERTIFIERS

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.