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SUGGESTED USE
SHAKE WELL BEFORE USING
Take up to 40 drops in 2 oz. of water
or juice, two to four times per day.
Best taken between meals.
*Caution: Seek expert medical advice
before taking during pregnancy.*
Keep Out of the Reach of Children
Store away from heat & light

CALIFORNIA POPPY

NERVOUS SYSTEM

Calming



HERBAL SUPPLEMENT

1 fluid ounce (29.6 ml)

California Poppy Liquid Extract

Ingredients: certified organic alcohol (54-64%),
distilled water & Certified Organic California
Poppy extractives. **GLUTEN-FREE**

Fresh herb / menstruum ratio: 1 : 1.75

We prepare our California Poppy Extract from
fresh (undried) *Eschscholzia californica* plants
(root, leaf & flower) which are **Certified
Organically Grown** on our own farm.

The plants are hand-harvested while in full
flower and promptly extracted while still fresh
and succulent.

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CERTIFIED ORGANIC BY ORGANIC CERTIFIERS