



THIS PRODUCT HAS A  
TAMPER-EVIDENT FOIL  
POUCH. DO NOT USE IF FOIL  
OR PLASTIC IS PUNCTURED!

AM FORMULA

Supplement Facts

|                                                                                                                                                                                    |          |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|
| Serving Size 1 tablet                                                                                                                                                              |          |
| Amount per tablet                                                                                                                                                                  |          |
| Green Tea (Camellia sinensis) Leaf Extract<br>standardized to contain 35 mg caffeine                                                                                               | 250 mg** |
| Panax Ginseng Root Phytosome™<br>One part Panax Ginseng Extract, standardized<br>to contain 37.5% ginsenosides, bound to two<br>parts phosphatidylcholine using a patented process | 50 mg**  |
| Black Cohosh (Cimicifuga racemosa) Root and Rhizome<br>Extract standardized to contain 2.5% triterpene<br>glycosides calculated as 27-deoxyactein                                  | 20 mg**  |

\*\*Daily Value not established.

PM FORMULA

Supplement Facts

|                                                                                                                                                   |          |
|---------------------------------------------------------------------------------------------------------------------------------------------------|----------|
| Serving Size 1 tablet                                                                                                                             |          |
| Amount per tablet                                                                                                                                 |          |
| Valerian (Valeriana officinalis) Root Extract<br>standardized to contain a minimum of<br>0.8% valerenic acids                                     | 200 mg** |
| Hops (Humulus lupulus) Flower Extract 6.6:1                                                                                                       | 100 mg** |
| L-Theanine (Suntheanine® brand)                                                                                                                   | 50 mg**  |
| Black Cohosh (Cimicifuga racemosa) Root and Rhizome<br>Extract standardized to contain 2.5% triterpene<br>glycosides calculated as 27-deoxyactein | 20 mg**  |

\*\*Daily Value not established.

Other ingredients/both formulas: cellulose, modified cellulose gum,  
modified cellulose, titanium dioxide color, magnesium stearate, lecithin,  
carrot color, carnauba wax, and paprika extract color.

MANUFACTURED EXCLUSIVELY BY ENZYMATIC THERAPY, INC.,  
GREEN BAY, WI 54311

24-hour Menopause Symptom Relief\*

Situation: Estrogen levels decline when you're in your 40s and 50s,  
leading to menopause. In Lifestage 3, you need targeted bone health  
support, a natural hormone balancer and relief from menopausal  
symptoms—that's where AM/PM Menopause Formula™ can help!\*

AM Formula

Natural Ingredients

- Black Cohosh
- Ginseng and Green Tea

Natural Support

- For hot flashes and irritability\*
- For daytime energy\*

Actual Size

PM Formula

Natural Ingredients

- Black Cohosh
- L-Theanine, Hops  
and Valerian

Natural Support

- For hot flashes, night sweats,  
and mood swings\*
- For a restful sleep\*

Actual Size

Suntheanine®, a patented form of L-Theanine, is a trademark of  
Taiyo International, Inc.

Recommendations: AM: One (white) AM tablet in the morning.  
PM: One (purple) PM tablet approximately 30-45 minutes  
before bedtime. It may take four to five weeks to achieve  
full benefits. Continue use to maintain benefits.

CAUTION: Women who are pregnant or nursing should not use this product.  
If taking prescription drugs, consult your healthcare practitioner prior to use.

ETI is an FDA-registered Drug Establishment and an AFSI-certified producer  
of particular organic product(s).

Contains no sugar, salt, yeast, wheat, gluten, corn, dairy products, artificial  
flavoring, preservatives, or ingredients of animal origin. All colors used are  
from natural sources.



VEGETARIAN

www.enzy.com 1.800.783.2286

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VARNISH-FREE  
AREA

© Enzymatic Therapy 2005  
LB0X07206.B04  
(721B)

30 AM TABLETS and 30 PM TABLETS

WOMEN'S HEALTH



• Hormone-Free 24-Hour Relief for Menopausal Symptoms:  
**AM** Hot Flashes\* • Lack of Energy\* • Irritability\* • Mood Swings\*  
**PM** Sleeplessness\* • Hot Flashes\* • Night Sweats\*

AM/PM  
Menopause Formula™

2 TARGETED DIETARY SUPPLEMENTS

For Lifestage

3

2

1

Hormone-Free 24-Hour Relief  
plus Energy and Sleep

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AM/PM  
Menopause Formula™

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AM/PM  
Menopause Formula™

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