SUGGESTED USE: As a dietary supplement, take one (1) softgel daily, preferably at mealtime, or as directed by a healthcare professional.

This 'E Complex' product represents the most comprehensive balanced Vitamin E formulation. It contains all eight isomers of Vitamin E (d-mixed tocopherols and d-mixed tocotrienols) as they occur in nature. Olympian Labs uses only Tocomin® brand tocotrienol/tocopherol complex which provides the only full spectrum tocotrienol complex of alpha, beta, gamma and delta tocotrienols.

Tocomin® is a registered trademark of Carotech bhd. and protected by US Patent No.5,157,132.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





TOCOMIN® TOCOTRIENOL

VITAMIN E COMPLETE

Supports Heart Health*

Supports Against Free Radical Damage* Supports a Natural Aging Process* Supplement Facts

Serving Size: One (1) Softgel Servings Per Container: 60

	Amount Per Serving:	% Daily Value*
Vitamin E (as d-alpha tocophero)	200 IU	667%
d-gamma-tocopherol	97 mg	t
d-delta-tocopherol	35 mg	†
d-beta-tocopherol	5.4 mg	1
Palm Tocomin® Complex	20 mg	1
d-gamma-tocotrienol	10.6 mg	1
d-alpha-tocotrienol	5.8 mg	Ť
Plant squalene	5 mg	t
d-delta-tocotrienol	2.8 mg	Ť
Phytosterols	1.75 mg	t
d-beta-tocotrienol	800 mcg	Ť
Mixed Carcenoid Complex (Alpha & Beta-Carctene)	25 mcg	Ť

*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Gelatin, Rice Bran Oil, Glycerin and Water.