

PRODUCT BENEFITS: Thiamin serves as a cofactor for the enzymes pyruvate dehydrogenase, alpha-ketoglutarate dehydrogenase, BCKA dehydrogenase and transketolase - all factors involved in energy metabolism.* Additionally, Thiamin serves an important role in nervous system health and sugar metabolism.*

Directions: For adults, take one (1) tablet daily, preferably with a meal or follow the advice of your health care professional. As a reminder, discuss the supplements and medications you take with your health care providers.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

PROD. NO. 55261

To refill please call 1-800-765-6775
or visit www.physiologics.com

Carefully Manufactured by PhysioLogics
One Nutrition Plaza, Carbondale, IL 62901 U.S.A.



B630

01B

Physio**Logics**®

B-1
250 mg
Thiamin HCl

Supports Sugar Metabolism*
USP

Dietary Supplement
100 Vegetarian Tablets



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride)	250 mg	16,667%

Other Ingredients: Cellulose (Plant Origin), Croscarmellose, Vegetable Stearic Acid, Silica, Cellulose Coating, Vegetable Magnesium Stearate.

FREE OF: artificial color or flavor, preservatives, sugar, starch, milk, lactose, soy, gluten, wheat, yeast, fish, sodium.

TAMPER RESISTANT: Do not use if seal under cap is broken or missing. **KEEP OUT OF REACH OF CHILDREN.**
Store in a dry place and avoid excessive heat.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Laboratory Tested to Guarantee Quality
For Health Care Professional Use Only
©PhysioLogics, 2009