

Brenda Watson, C.N.C., Cleanse & Detox Expert

For over a decade Renew Life has been helping millions of people live healthier lives through better digestion and nutrition. Founded by best-selling author and Public Television mainstay Brenda Watson, after her own battle with poor health, it is now the leading cleansing and digestive care company in America. Brenda's passion and dedication have been instrumental in developing a complete line of premium herbal cleansing and nutritional supplements for every need.



Call Toll-Free 1-800-830-1800 for Free Product Specialist Support

If you have any questions as you begin your cleansing and detoxification journey, we'd like to know. Simply call for additional information, and you will be connected to a Product Specialist who can help guide you on your way.

Total Body RAPID Cleanse is a 7-day, deep-acting, total-body internal cleansing program.* Each of the 3 parts is designed to be taken daily during this 7-day period.

Part 1: Detoxify with Deep Liver and Organ Cleanse. Herbal extracts, amino acids and vitamin C provide powerful antioxidant and deep-cleansing support for the lungs, lymphatic system, kidneys, skin and blood, with specific ingredients to promote healthy liver detoxification.*

Part 2: Capture with Natural Acacia Fiber. 8 grams of clear-mixing, soluble acacia fiber helps bind with toxins in the digestive tract to assist with their removal from the body.*

Part 3: Eliminate with Colon Cleanse. Includes magnesium, a mineral that helps hydrate the bowel.* Cape aloe and rhubarb promote healthy bowel elimination.* Triphala, marshmallow and slippery elm help soothe and comfort the bowel during cleansing.*

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For Ideal Results, We Recommend:

During this Cleansing Program	Norwegian Gold® Critical Omega
Next Recommended Cleanse	Liver Detox™
Maintenance After Cleansing	Fiber SMART™ Norwegian Gold® Critical Omega Ultimate Fiber™ Critical Care 50 Billion

The ingredients in **Total Body RAPID Cleanse** support the 7 channels of elimination.* They are the organs and organ systems designed to filter and eliminate toxins from the body.

- 1. Liver:** Betaine hydrochloride, L-glycine, L-glutamine, L-methionine, N-acetyl-cysteine, milk thistle, turmeric, dandelion root, fenugreek seed, garlic bulb, bamboo leaf
- 2. Lungs:** Mullein, garlic, fenugreek, oregano
- 3. Lymphatic system:** Mullein, garlic, oregano
- 4. Kidneys:** Dandelion leaf, stinging nettle leaf
- 5. Skin:** Burdock, oat straw
- 6. Blood:** Chlorophyll
- 7. Bowel:** Magnesium, cape aloe, rhubarb, marshmallow root, slippery elm bark, triphala, acacia fiber

TOTAL BODY RAPID CLEANSE™

► 3-Part Program

- 1 Detoxify with Deep Liver and Organ Cleanse™** – 14 capsules
- 2 Capture with Natural Acacia Fiber™** – 63 grams
- 3 Eliminate with Colon Cleanse™** – 14 capsules

Dietary Supplement

Complete 7-Day Internal Cleanse

Simple, Fast and Effective ◀
Potent Natural Formula ◀
For Rapid Results ◀



7-DAY Program

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7-DAY Program

RAPID Cleanse 1

Supplement Facts

Serving Size: 2 Capsules	Servings per Container: 7
Amount per Serving %DV**	
Vitamin C (as ascorbic acid)	500 mg 100%
Proprietary Blend	560 mg
Betaine Hydrochloride, L-Glycine, L-Glutamine, L-Methionine, N-Acetyl-Cysteine	---
Herbal Extract Blend	254 mg
Milk Thistle Extract 4:1 seed	---
Burdock Extract 5:1 root	---
Dandelion Extract 4:1 leaf	---
Dandelion Extract 4:1 root	---
Fenugreek Extract 4:1 seed	---
Garlic Extract 100:1 bulb	---
Mulien Extract 10:1 leaf	---
Oat Extract 10:1 straw	---
Oregano Extract 10:1 leaf	---
Shanghai Bellflower Extract 5:1 leaf	---
Turmeric Extract 4:1 root	---
Barbados Extract leaf (10% Sliver)	---
Arnica Extract 8:1 root	---
** Percent Daily Values (DV) are based on a 2,000 calorie diet.	
*** Daily Value not established	

Other Ingredients: Vegetable capsule (vegetable fiber and water).
Directions: Take 2 capsules in the morning on an empty stomach. Wait 30 minutes and take part 2. Follow this regimen day 1 through day 7 of this program. Please read accompanying literature.

KEEP OUT OF REACH OF CHILDREN.
WARNING: Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition. Not for prolonged use. Do not exceed recommended dose.

These products contain no GMOs, yeast, wheat, soy, gluten, salt, sugar, dairy, animal products, binders, fillers or artificial ingredients.

Quality and Purity Guaranteed: Distributed by: Renew Life Formulas® Palm Harbor, FL 34683

Questions? Call: 1-800-830-1800
Email: support@renewlife.com
or visit our website at www.renewlife.com

Store in a dry place at 59-86° F (15-30° C).
Manufactured in a GMP facility

RAPID Cleanse 2

Supplement Facts

Serving Size: 1 Scoop (4.5 grams)	Servings per Container: About 14
Amount per Serving %DV**	
Calories	10
Total Carbohydrate	4g 15%
Dietary Fiber	4g 16%
Soluble Fiber	4g 100%
* Percent Daily Values (DV) are based on a 2,000 calorie diet.	
*** Daily Value not established	

Ingredients: Acacia fiber
Directions: Take 1 level scoop mixed in 8 ounces of purified water in the morning and 1 level scoop mixed in 8 ounces of purified water in the evening. Follow with at least 8 additional ounces of water. Follow this regimen day 1 through day 7 of this program. May decrease to one scoop a day if elimination is sluggish. **Drink plenty of water while using this product.**

KEEP OUT OF REACH OF CHILDREN.
WARNING: Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition. **Notice:** This fiber supplement should be consumed with a full glass of water or juice. Consuming this product without enough liquid may cause choking. Do not consume this fiber supplement if you have difficulty swallowing, acute cough or obstructed bowel.

RAPID Cleanse 3

Supplement Facts

Serving Size: 2 Capsules	Servings per Container: 7
Amount per Serving %DV**	
Magnesium	230 mg 58%
From magnesium hydroxide	---
Proprietary Blend	1,200 mg
Cape Aloe leaf, Rhubarb root, Marshmallow root, Slippery Elm bark and Triphala (a blend of Amalaki, Bhitaki, and Haritaki)	---
* Percent Daily Values (DV) are based on a 2,000 calorie diet.	
*** Daily Value not established	

Other Ingredients: Vegetable capsule (vegetable fiber and water).
Directions: Take 2 capsules at night with 8 ounces of purified water. Follow this regimen day 1 through day 7 of this program. Please read accompanying literature.

KEEP OUT OF REACH OF CHILDREN.
WARNING: Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition. Do not use if you have intestinal blockage. Not for prolonged use. Do not exceed recommended dose. **Notice:** This product contains rhubarb and cape aloe. **DO NOT USE IF YOU HAVE OR DEVELOP ABDOMINAL PAIN, DIARRHEA OR LOOSE STOOLS.** Read and follow directions carefully.

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TAMPER EVIDENT: DO NOT USE IF EITHER THE OUTER NECK BAND OR THE INNER SEAL IS BROKEN OR MISSING.

MADE IN USA 020414

