



Alluna[®] Sleep

The natural properties of Alluna help your mind and body relax so you can drift off to sleep naturally.* It has been clinically tested and shown to be effective in actually promoting your body's own natural sleep pattern—safely and gently!*

Alluna features a natural combination of valerian and hops which have been safely used by millions of people to promote restful sleep.* But don't expect to be "knocked out." Alluna helps you feel relaxed, and that calm state should help you to drift off to sleep naturally.*

Alluna has also been shown to significantly prompt a person's ability to stay asleep through the night.* It helps your body maintain a healthy sleep pattern to provide you with long-term, consistent results.* You can expect to wake up refreshed in the morning because you have experienced your natural sleep through the night.*

When healthy sleep matters, trust Clinically Studied Alluna[®] Sleep —

Clinically Proven Natural Sleep Aid

www.alluna.com

LBX03278.03

Supplement Facts

Serving Size 2 tablets	Servings per container 14	
Amount per 2 tablets	%DV***	
Calories	10	
Total Carbohydrate	2 g	<1%***
Valerian Root Extract	500 mg	**
Hops Extract	120 mg	**

***Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: microcrystalline cellulose, soy polysaccharide, hydrogenated castor oil, hypromellose. Contains less than 2% of polyethylene glycol (6,000 and 20,000), titanium dioxide color, magnesium stearate, silica, stearic acid, and blue 2 lake.

Recommendations: Take two (2) tablets one hour before bedtime with a glass of water. SEE PACKAGE INSERT FOR MORE INFORMATION ON ALLUNA AND ON MAXIMIZING YOUR QUALITY OF SLEEP.

Warning: If pregnant, nursing, or taking prescription drugs, consult your healthcare practitioner prior to use. Keep this and all dietary supplements out of the reach of children. Driving or operating machinery while using this product is not recommended. Due to additive sedative effect, avoid using with alcohol. Chronic insomniacs should consult their doctor before using this product.

Please Note: The herbs in this product have a distinct aroma.

www.enzy.com 1.800.783.2286

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Do not use if blister or printed foil is broken.
Store in a cool, dry place. Avoid temperatures above 86° F.
Questions or Comments? Call Weekdays Toll-Free 1-877-7ALLUNA.
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DIETARY SUPPLEMENT
28 Tablets

Helps you relax so
you drift off to sleep NATURALLY!
* Wake up refreshed, no groggy side effects*
* Not a drug, not habit forming

Alluna[®]

Sleep



Clinically Proven
Natural Sleep Aid

Alluna[®]
Sleep

FALL ASLEEP NATURALLY!