

The estrobalance® DIM® Advantage

Why not get diindolylmethane from eating cruciferous vegetables?

While eating cruciferous vegetables such as broccoli is recommended for good health, you'd have to eat at least two pounds of raw broccoli to obtain the DIM contained in just one daily dose of EstroBalance!*

1 Daily Dose = DIM from 2 lbs. of BROCCOLI!

Why take EstroBalance with absorbable DIM?

Diindolylmethane, in supplement form, can be difficult to absorb, unless it's made with a special bioavailable form of diindolylmethane such as the patented BioResponse-DIM® complex, as found in EstroBalance. BioResponse-DIM complex provides an enhanced bioavailability delivery system for DIM so it's easy for the body to absorb.

Indoplex® & DIM® are registered trademarks of and are licensed from BioResponse, LLC; U.S. patent #6,086,915.

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*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

The Benefits of Diindolylmethane

Supports Healthy Estrogen Metabolism*

EstroBalance® contains diindolylmethane (DIM®), a phytonutrient found in cruciferous vegetables such as Brussels sprouts, broccoli and cabbage. DIM has been shown to influence estrogen metabolism to increase the ratio of 2-hydroxyestrogen (2-OHE) to 16-hydroxyestrogen (2-OHE).* 2-OHE is often referred to as the "good" estrogen metabolite and 16-OHE as a "bad" estrogen metabolite.*

Promotes Women's Health*

Increasing the ratio of 2-OHE to 16-OHE may have the following benefits:

- Reduces PMS and cyclical breast tenderness*
- Promotes Breast Health*
- Supports Cardiovascular Health*
- Helps Regulate Fat Metabolism*

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estrobalance®
with absorbable DIM®
Supports healthy
estrogen metabolism*

DIETARY SUPPLEMENT

60 TABLETS

WOMEN'S HEALTH

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Recommendations: One tablet daily with food. If extra support is required, take two tablets with food.

Supplement Facts

Serving Size 1 tablet

Amount per tablet	%DV†
Calcium (as calcium carbonate)	340 mg 34%†
Indoplex® Complex modified food starch, 25% diindolylmethane (DIM®), d-alpha tocopheryl succinate, phosphatidylcholine (soy), and silicon dioxide	120 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: cellulose, modified cellulose, modified cellulose gum, silicon dioxide, stearic acid, magnesium stearate, titanium dioxide color, soy lecithin, and carnauba wax.

Caution: Do not use if pregnant or nursing. If taking prescription drugs, consult a healthcare professional before use. Harmless changes in urine color may occur with the use of this product.

GLUTEN FREE. No sugar, salt, yeast, wheat, dairy products, artificial flavoring, preservatives, or ingredients of animal origin.

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