

NOTICE: This product contains Aloe and Cascara Sagrada. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stools or abdominal pain because Aloe and Cascara Sagrada may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

**Questions?** Call 1-800-9NATURE or visit [naturesway.com](http://naturesway.com)

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

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Green Bay, WI 54311 USA

Actual Capsule Size



Vcaps® is a trademark of Capsugel.

(BLK8167A)  
LN930.A01



PREMIUM

Nature's  
Way

FORMULA

# Naturalax™ 3

with Aloe



100 Vcaps® / Certified 430 mg

DIETARY SUPPLEMENT

**Recommendation:** Take at bedtime as needed with a full glass of water. Adults & children age 15 and over: Take 2 capsules. Children 12-15 years of age: Take 1 capsule. Not recommended for children under 12 years of age. Do not exceed recommended dose. Do not take for more than 1 week as frequent or prolonged use may result in dependence.

**Caution:** Do not use when nausea or vomiting are present unless directed by a doctor. Consult a doctor if you notice a sudden change in bowel habits that persist over 2 weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use and consult a doctor.

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 50

| Amount Per Serving                                                                                                                    | % Daily Value |      |
|---------------------------------------------------------------------------------------------------------------------------------------|---------------|------|
| Total Carbohydrate                                                                                                                    | <1 g          | <1%† |
| Proprietary Blend                                                                                                                     | 860 mg        | **   |
| Aloe ferox (latex); Butternut (bark); Fennel (seed); Ginger (root); Red Raspberry (leaf); Cascara Sagrada (cortex); Peppermint (leaf) |               |      |

†Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

Other ingredients: Plant-derived capsule, Silica