SUGGESTED USE: As a dietary supplement, take one (1) gel capsule daily with a meal up to two (2) times daily with an 8 oz glass of water or as directed by your physician.

- Rapid Release Softgels Work 3x's Faster
- Quickly Improves Heart, Brain & Joint Health
- Easy To Swallow With Pure Potent Omega 3, 6 & 9









Manufactured For Effective Nutrition

228 Park Ave S # 54660, New York, NY 10003 PHONE: 888-895-9654 - WEB: EFFECTIVENUTRITION.COM



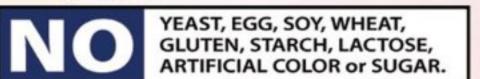




Supplement Facts Serving Size: 1 Softgel Servings per Container: 100		
Amount Per Serving	%Daily Value	
Calories: 10	Calories From Fat: 9	
Total Fat	1g	1.5%
Saturated Fat	250mg	1.5%
Polyunsaturated Fat	390mg	
Monounsaturated Fat	225mg	
Cholesterol	7mg	3%
Omega - 3	330mg	**
Omega - 6	225mg	**
Omega - 9	100mg	**
EPA	160mg	
DHA	100mg	
* % Daily Values not established.	** % Daily Values not est	ablished

CAUTION: Do not exceed recommended dosage. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any other dietary supplement.

Other Ingredients: Fish Oil, Gelatin, Glycerol, Water.



KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

CLINICALLY PROVEN MENTAL HEALTH SUPPORT