

SUGGESTED USAGE: As a dietary supplement, take 2 tablets daily with food, or as directed by your healthcare practitioner.

This product is moisture sensitive. Keep tightly closed and refrigerate after opening in humid regions.

HOW IT WORKS: As co-factors in numerous biochemical reactions, B Complex vitamins are critical for energy production and the proper metabolism of carbohydrates, fats, and proteins.* B Vitamins are also important for the maintenance of normal nervous system function, blood cell production, and countless other metabolic processes.* Our CoEnzyme B Complex provides a balanced combination of B Vitamins in their activated CoEnzyme states in an enteric-coated tablet to preserve ingredient integrity through the harsh acidic environment of the stomach, and intact delivery to intestinal absorption sites.*

CAUTIONS/INTERACTIONS: If you are pregnant/lactating, consult your healthcare practitioner before using this product. For more information on this product, go to www.protocolforlife.com/P0405

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Do Not Eat Freshness Packet. Keep in Bottle.

**CODE
P0405**

V6



**ENTERIC
COATED**

PROTOCOL
FOR LIFE BALANCE®

CoEnzyme B Complex

With Alpha Lipoic Acid
and CoQ₁₀

• Nervous System Health*

60 Tablets

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 2 Tablets Servings Per Container 30

	Amount Per Serving	%Daily Value
Vitamin C (from Magnesium Ascorbate)	60 mg	100%
Thiamin (Vit. B-1) (from Thiamin HCl and Cocarboxylase)	50 mg	3333%
Riboflavin (as Riboflavin & from Riboflavin-5-Phosphate Sodium)	50 mg	2941%
Niacin (Vit. B-3) (from Inositol Hexanicotinate and NAD Trihydrate)	100 mg	500%
Vitamin B-6 (from Pyridoxine HCl and P-5-P Monohydrate)	50 mg	2500%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12 (as Methylcobalamin and Dibenzozide)	250 mcg	4167%
Biotin	300 mcg	100%
Pantothenic Acid (Vit. B-5) (from Cal. Pantothenate and Panlethine)	50 mg	500%
Betaine	50 mg	†
Alpha Lipoic Acid	50 mg	†
Choline (from Choline Bitartrate)	25 mg	†
PABA (Para-aminobenzoic Acid)	25 mg	†
Inositol (from Inositol Hexanicotinate, Inositol Hexaphosphate and Inositol)	30 mg	†
CoQ ₁₀ (Coenzyme Q ₁₀)	400 mcg	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Cellulose, Silica, Magnesium Stearate (vegetable source), Croscarmellose Sodium and Enteric Coating.

Formulated & Distributed by Protocol For Life Balance®
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. Please Recycle.