



PRE-WORKOUT

**EXTREME NOS
PUMPED**

Nitro-Punch

Naturally & Artificially Flavored

HELPS PROMOTE NITRIC OXIDE SYNTHESIS*
200 mg CAFFEINE • SUGAR FREE**

Not a low calorie product.

**DIETARY SUPPLEMENT
20 FL. OZ. (1.25 PT) (591mL)**

DIRECTIONS FOR ADULT USE ONLY: Drink one (1) 20 fl. oz. serving per workout session as follows: 1/2 before and the balance during the course of your workout. Do not exceed 1 serving per workout session and/or more often than every 3-4 hours. Limit use to no more than two (2) bottles in a 24-hour period.

Supplement Facts

Serving Size 1 Bottle

	Amount Per Serving	% Daily Value
Calories	60	
Total Carbohydrate	13 g	4%*
Sugars	0 g	**
Niacin (as Niacinamide)	20 mg	100%
Folic Acid	400 mcg	100%
Sodium	80 mg	3%
Potassium (as Potassium Citrate)	140 mg	4%
Glycerin	10 g	**
Extreme NOS Pumped Complex	3 g	**
L-Arginine		**
L-Arginine Alpha-Ketoglutarate		**
Caffeine	200 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

OTHER INGREDIENTS: Water, Contains less than 0.5% of the following: Phosphoric Acid, Natural and Artificial Flavors, Citric Acid, Potassium Sorbate (Preservative), Sodium Benzoate (Preservative), Malic Acid, Acesulfame Potassium, Sucralose, Red 40, Yellow 5, Food Starch Modified, Glycerol Ester of Wood Rosin, Gum Arabic, Brominated Vegetable Oil, BHT.

If you're an athlete who wants to get the best from your workouts, then Extreme NOS Pumped should be your first choice in sports supplements. Extreme NOS Pumped contains Arginine from L-Arginine and L-Arginine Alpha-Ketoglutarate. Arginine is an amino acid involved in the formation of nitric oxide.*** During workouts, nitric oxide production can help support circulation and muscles.*** Extreme NOS Pumped also contains Glycerin, which may help support body hydration, and Caffeine to promote energy flow.*** Dietary intake is important for plasma Arginine levels, and daily supplementation can help, especially before exercise.***

WARNING: Not for use by pregnant or lactating women. Do not exceed recommended dose. Consult doctor before use if you have, or have had, cardiovascular disease, heart problems, kidney problems, liver or kidney disease, sickle cell anemia, severe infection, autoimmune disorders, inflammatory conditions, tumors or malignancies, low blood pressure, diabetes, hypoglycemia, herpes, cold sores, skin grafts or organ transplantation, if you are sensitive to caffeine, if you are taking **ANY PRESCRIPTION MEDICATIONS** including blood thinners, daily aspirin, blood pressure medication or diuretics, if you have or had a bleeding disorder, or if you plan to have or have had recent surgery. This product contains caffeine. The recommended dose of this product contains about as much caffeine as two cups of coffee. Avoid additional consumption of caffeine or stimulants such as ephedra or Ma Huang, which may intensify adverse effects. Limit the use of caffeine-containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, or rapid heartbeat. Discontinue use and consult your doctor if any adverse reactions occur, including sleeplessness, nervousness, heart palpitations, dizziness, changes in blood pressure or gastrointestinal discomfort.
NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18.

Refrigerate after opening
KEEP OUT OF REACH OF CHILDREN.
TAMPER RESISTANT: DO NOT USE IF CAP IS BROKEN.

***These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Worldwide Sport Nutritional Supplements, Inc.
Bayport, NY 11705

For questions or reorders call: 1-800-854-5019
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