

CAPSULE SIZE



CODE 2379 V7

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Do Not Eat Freshness Packets. Keep in Bottle. Natural color variations may occur in this product.

the support of cognitive function.*

SUGGESTED USAGE: As a dietary supplement, take 1 capsule 1 to 3 times daily, preferably with food.

NOW® Phosphatidyl Serine is a phospholipid compound derived from soy lecithin that plays an essential role in cell membrane composition and intercellular communication. Phosphatidyl Serine is a major structural component of neural membranes where it assists in the conduction of electrical impulses and facilitates the activity of neurotransmitters involved in learning, memory, and mood. These properties make NOW® Phosphatidyl Serine an ideal supplement for



Phosphatidyl Serine

COGNITIVE HEALTH

- Supports Memory and Brain Function
- Promotes Intercellular Communication*

100 mg
30 Veg Capsules

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Phosphatidyl Serine	100 mg*
Choline (from Choline Bitartrate)	100 mg*
Inositol	50 mg*

* Daily Value not established.

Other ingredients: Cellulose Powder, Cellulose (capsule), Silica and Magnesium Stearate (vegetable source).

Contains soy (phosphatidyl serine).

NOW FOODS
395 S. Glen Ellyn Rd., Bloomington, IL 60108, USA
www.nowfoods.com

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening. Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

