

Suggested Use: For use as a dietary supplement, take one (1) rounded scoop (3 g) daily with an eight (8) ounce glass of water before working out. On days off from training, take one (1) rounded scoop in the morning, or as directed by a healthcare professional.

Caution: If you are pregnant, nursing, have a medical condition, or are taking medication, consult your healthcare professional before using this or any other nutritional supplement. Discontinue use if allergic reaction occurs.

C-AKG Powder is a pre-workout that improves on creatine's established results by adding Alpha-Ketoglutarate (AKG), a natural compound that increases energy production and muscle recovery. This formula efficiently targets muscles to help produce greater gains from workouts. The results are improved workout performance, increased strength and muscle pump.*

Olympian Labs, Inc. products are made with the highest quality ingredients and manufactured according to current Good Manufacturing Practices (cGMP).

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



- Supports Longer and More Intense Workouts*
- Supports Recovery*
- Supports Muscle Health*

DIETARY SUPPLEMENT / 90 GRAMS / 30 SERVINGS

Supplement Facts

Serving Size: One (1) Rounded Scoop 3 g (3000 mg)
Servings Per Container: 30

	Amount Per Serving:	% DV
Creatine-Alpha-Ketoglutarate (2:1)	3 g (3000 mg)	†

†Daily Value (DV) not established.

Made in USA • Manufactured for
Olympian Labs, Inc. • Phoenix, AZ 85027
1.800.473.5883 • www.OlympianLabs.com

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