

Suggested Use: As a dietary supplement, take one (1) rounded scoop (3 grams) daily with 4 ounces of liquid before working out. On days off from training, take one (1) rounded scoop in the morning or as directed by a healthcare professional.

Caution: If you are pregnant, nursing, have a medical condition, or are taking medication, consult your healthcare professional before using this or any other nutritional supplement. Discontinue use if allergic reaction occurs.

A-AKG is a pre-workout that helps attain a deeper level of training to help provide sustained muscle growth in a shorter timeframe. It helps to process the ammonia created by intense muscle activity and creates glutamine which is important for energy and muscle recovery. A-AKG helps increase workout performance, which will result in increased muscle mass.*

Olympian Labs, Inc. products are made with the highest quality ingredients and manufactured according to current Good Manufacturing Practices (cGMP).

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



PERFORMANCE
SPORTS NUTRITION

A-AKG
Powder *PRE-WORKOUT*
ARGININE ALPHA-KETOGLUTARATE

- Acts as a Vasodilator*
- Supports Longer and More Intense Workouts*
- Helps Muscle Recovery*

DIETARY SUPPLEMENT / 90 GRAMS / 30 SERVINGS

Gluten Free



Allergen-Free



NON-GMO



Supplement Facts

Serving Size: One (1) Rounded Scoop 3 g (3000 mg)
Servings Per Container: 30

	Amount Per Serving:	% DV
Arginine Alpha-Ketoglutarate (2:1)	3 g (3000 mg)	†

†Daily Value (DV) not established.

Made in USA • Manufactured for
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