

SUGGESTED USE: As a dietary supplement, take one (1) capsule one to two times daily, or as directed by a healthcare professional.

CAUTION: If you are pregnant or nursing, or have a medical condition, are taking medication, consult your healthcare professional before using this or any other nutritional supplement. Discontinue use if allergic reaction occurs.

Olympian Labs, Inc. products are made with the highest quality ingredients and manufactured according to current Good Manufacturing Practices (cGMP).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.

REV 3/12/2013



5-HTP PLUS

D I E T A R Y S U P P L E M E N T

*Relax and Sleep Better**

*Helps Maintain Healthy Serotonin Levels
Already in the Normal Range**

30 VEGETARIAN CAPSULES PER BOTTLE / 30 SERVINGS

Supplement Facts

Serving Size: One (1) Capsule

Servings Per Container: 30

	Amount Per Serving:	% Daily Value
Vitamin B-6 (pyridoxine hydrochloride)	10 mg	500%
Calcium (as calcium citrate)	80 mg	8%
Magnesium (as magnesium citrate)	40 mg	10%
5-HTP (L-5-Hydroxytryptophan)‡ (Griffonia simplicifolia)(seed)	100 mg	†
Valerian Root (<i>Valeriana officinalis</i>)	100 mg	†
Hops (<i>Humulus lupulus</i>)(flower)	50 mg	†

†Daily Value not established.

‡Does Not Contain *Peak X*

Other Ingredients: Vegetarian Capsule (HPMC), Rice Flour, Microcrystalline Cellulose (Plant Fiber), Silicon Dioxide, Ascorbyl Palmitate.

MADE IN USA • Manufactured for
Olympian Labs, Inc. • Phoenix, AZ 85027
1.800.473.5883 • www.OlympianLabs.com