**SUGGESTED USE:** One tablet daily with a meal as a dietary supplement, or as directed by a health care professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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## Vitamin

B-12

5000mcg



- Assist with Digestion
- Promotes Healthy Energy
- Helps Increase Metabolism

Dietary Supplement 30 Tablets

## Supplement Facts

Serving Size 1 Tablet

15.0

Amount Per Serving %Daily Value

Vitamin B-12 (cyanocobalamin)

Other ingredients: Di-calcium phosphate, stearic acid, hydroxypropyl cellulose, croscarmellose sodium, magnesium stearate, silica, liver shellac, talc and carnauba wax.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

Lot#:

Manufacture Date:

Best if used by:

5702-3986-30

5,000mcg 83,333%