

**PRODUCT BENEFITS:** Ocular Defense Plus delivers an extraordinary combination of nutrients for comprehensive support of eye function.\* Lutein is the most abundant carotenoid in the macula and supports eye health, while Bilberry contains flavonoids known as anthocyanosides.\* Vitamin A is essential to maintain the eyes, skin, bones, teeth and a healthy immune system.\* This formula also contains a wide variety of antioxidants, including Vitamins C and E and Selenium, to fight the cell-damaging free radicals that can lead to oxidative stress.\*

**Directions:** For adults, take four (4) capsules daily, preferably with meals or follow the advice of your health care professional. As a reminder, discuss the supplements and medications you take with your health care providers.

**FREE OF:** artificial color, flavor or sweetener, preservatives, sugar, milk, lactose, gluten, wheat, fish, sodium.

**TAMPER RESISTANT:** Do not use if seal under cap is broken or missing.

**KEEP OUT OF REACH OF CHILDREN.** Store in a dry place and avoid excessive heat.

**WARNING:** Not intended for use by pregnant or nursing women. Avoid this product if you are allergic to yeast. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

**PROD. NO. 10221**

To refill please call 1-800-765-6775

or visit [www.physiology.com](http://www.physiology.com)

Carefully Manufactured by PhysioLogics

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Physio**Logics**®

# Ocular Defense Plus

Helps Maintain  
Healthy Eye Function\*

Herbal Supplement  
**100 Capsules**



## Supplement Facts

Serving Size 4 Capsules

Servings Per Container 25

| Amount Per Serving                                                                                              | %Daily Value     |        |
|-----------------------------------------------------------------------------------------------------------------|------------------|--------|
| Calories                                                                                                        | 5                |        |
| Total Carbohydrate                                                                                              | <1 g             | <1%**  |
| Protein                                                                                                         | <1 g             | 1%**   |
| Vitamin A (as Beta-Carotene)                                                                                    | 40,000 IU        | 800%   |
| Vitamin C (as Ascorbic Acid)                                                                                    | 1,500 mg (1.5 g) | 2,500% |
| Vitamin E (as d-Alpha Tocopherol Succinate)                                                                     | 400 IU           | 1,333% |
| Riboflavin (Vitamin B-2)                                                                                        | 50 mg            | 2,941% |
| Zinc (as Zinc Picolinate)                                                                                       | 25 mg            | 167%   |
| Selenium (as Selenomethionine)                                                                                  | 100 mcg          | 143%   |
| Chromium (as Chromium Yeast)                                                                                    | 200 mcg          | 167%   |
| Quercetin                                                                                                       | 100 mg           | ***    |
| Bilberry Extract ( <i>Vaccinium myrtillus</i> ) (leaf)<br>(Standardized to contain 25% Anthocyanosides, 2.5 mg) | 10 mg            | ***    |
| Rutin                                                                                                           | 100 mg           | ***    |
| Citrus Bioflavonoid Complex<br>( <i>Citrus sinensis</i> ) (fruit)                                               | 250 mg           | ***    |
| Taurine                                                                                                         | 200 mg           | ***    |
| N-Acetyl Cysteine                                                                                               | 200 mg           | ***    |
| L-Glutathione                                                                                                   | 10 mg            | ***    |
| Lutein                                                                                                          | 20 mg            | ***    |

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Gelatin, Corn Starch, Silica, Vegetable Magnesium Stearate.

Contains soy ingredients.

Laboratory Tested to Guarantee Quality

For Health Care Professional Use Only

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