

Caution: Please consult your healthcare provider before taking this supplement if you are pregnant, breastfeeding, and/or currently taking any OTC or prescription medications for a health condition. Store in a cool, dry place. Keep out of the reach of children.

Benefits of Vitamin B-12

- Supports cellular energy production*
- Supports cognitive and emotional health*
- Supports overall digestive health*
- Supports immune health*
- Supports carbohydrate, protein, and fat metabolism*

The Vitamin B-12 GOLD™ Advantage

- USP grade Vitamin B-12 cultured in nutritional Baker's Yeast *S. cerevisiae* containing other vital nutrients like Superoxide Dismutase (SOD), CoQ10, complex carbohydrates, dietary fiber, and glutathione
- Highly bio-available and easily assimilated by the human body
- Manufactured without the use of GMOs, additives, fillers, binders, artificial ingredients, preservatives, Stearates, Laurates, Sulfates, or Dioxides
- Manufactured to stringent cGMP standards



WHOLE-FOOD VITAMIN B-12 GOLD™

Dietary Supplement to Support
Cellular Energy Production,
Emotional Wellness, and
Cognitive Health*

2,500 mcg
PER CAPSULE

120

Vegetarian
Capsules

Supplement Facts

Serving Size: 1 Vegetarian Capsule

	Amount Per Serving	%DV
Whole Food Vitamin B-12 [^]	2,500 mcg	41,667%*

[^]USP grade Vitamin B-12 cultured in a Body-Ready Active Nutrient Matrix that includes Baker's Yeast, Bioactive Glycoproteins, Bioactive Lipoproteins, Bioactive Enzymes, Glucomannan, SOD, Glutathione, Beta Glucans, Lipoic Acid, Essential Trace Minerals, and CoQ10 for enhanced bioavailability

*Percent Daily Value based on a 2,000 calorie diet

Other Ingredients: Vegetarian Capsule (Plant Cellulose), Nutritional Baker's Yeast (*S. cerevisiae*). Contains Yeast.

Does NOT contain GMOs, additives, fillers, binders, artificial ingredients, preservatives, Stearates, Laurates, Sulfates, or Dioxides.

FREE of milk, egg, shellfish, peanuts, wheat, and soy.

Distributed By: NutriGold® Inc, Orem, UT 84057, USA
(800) 476-3542 • www.nutrigold.com

Suggested Use: As a dietary supplement, adults take one (1) vegetarian capsule 1 to 2 times daily with food, or as directed by a healthcare professional.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.