

### Omega 3-6-7-9 Benefits

- Supports healthy circulation and heart function\*
- Supports healthy joints\*
- Supports immune health and overall well-being\*
- Supports healthy skin and nails\*
- Supports emotional well-being\*
- Helps manage symptoms of PMS\*

### The Omega 3-6-7-9 GOLD™ Advantage

- 100% natural, premium blend of Omega 3, 6, 7, and 9 oils from supercritical, plant-based extracts
- Synergistic formulation of the essential fatty acids for broad-spectrum benefits
- Perfectly balanced 4:1 ratio of Omega-3 to Omega-6 fatty acids
- Manufactured to stringent cGMP standards without the use of GMOs, solvents, fillers, binders, artificial ingredients, Stearates, Sulfates, Laurates, or Dioxides



# SUPERCritical OMEGA 3-6-7-9 GOLD™

Dietary Supplement to Support  
Heart, Joint, and Cognitive Health\*

Perfectly Balanced Ratio of Omega-3 to Omega-6 Fatty Acids

**1,200 mg**  
PER SOFTGEL

**180** Softgels

## Supplement Facts

Serving Size: 3 Softgels  
Servings per Container: 60

	Amount Per Serving	%DV
Calories	30	
Calories from Fat	30	
Total Fat	3.2 g	5%*
Saturated Fat	0.8 g	4%*
Monounsaturated Fat	1 g	†
Polyunsaturated Fat	1.4 g	†
Supercritical Omega 3-6-7-9 Complex (Solvent-free, Supercritical Extracts from Perilla Seeds, Cranberry Seeds, Olives, and Seabuckthorn Berries) providing:	3,600 mg	†
Omega-3 Fatty Acids (as Alpha Linolenic Acid)	1,200 mg	†
Omega-6 Fatty Acids (as Linoleic Acid)	300 mg	†
Omega-7 Fatty Acids (as Palmitoleic Acid)	190 mg	†
Omega-9 Fatty Acids (as Oleic Acid)	750 mg	†

\*Percent Daily Values are based on a 2,000 calorie diet

†Daily Values not established

**Other Ingredients:** Softgel Capsule (Bovine Gelatin, Vegetable Glycerin, Purified Water), Natural Astaxanthin, Natural Tocopherols, Natural Spice Extract, and Ascorbyl Palmitate.

**Does NOT contain** GMOs, solvents, fillers, binders, artificial ingredients, Stearates, Sulfates, Laurates, or Dioxides.

**Free of** egg, milk, peanut, shellfish, and wheat.

**Caution:** Please consult your healthcare provider before taking this supplement if you are pregnant, breastfeeding, and/or currently taking any OTC or prescription medications for a health condition. Store in a cool, dry place. Keep out of the reach of children.

**Distributed By:** NutriGold® Inc., Orem, UT 84057, USA.  
(800)-476-3542 • [www.nutrigold.com](http://www.nutrigold.com)\*

**Suggested Use:** As a dietary supplement, adults take three (3) softgels daily with food, or as directed by a healthcare professional.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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