

### Benefits of Konjac Glucomannan

- Natural source of soluble fiber - can absorb up to 50 times its weight in water\*
- Increases the weight of food without increasing calories and helps promote satiety\*
- Supports appetite control and healthy weight management\*
- Supports glucose health\*
- Supports digestive health\*

### The Glucomannan GOLD™ Advantage

- High quality, fiber-rich Konjac Glucomannan extract standardized to 95% Glucomannans
- Manufactured to stringent cGMP standards without the use of GMOs, additives, fillers, binders, artificial ingredients, preservatives, Stearates, Laurates, Sulfates, or Dioxides



750 mg

120

Vegetarian  
Capsules

NUTRIGOLD

# KONJAC ROOT GLUCOMANNAN GOLD™

Herbal Supplement to Support Satiety,  
Weight-Loss, Glucose & Digestive Health\*

Rich Source of Soluble Fiber\*  
95% Standardized Extract

## Supplement Facts

Serving Size: 2 Vegetarian Capsules

Servings per Container: 60

| Amount Per Serving                                                                |           |
|-----------------------------------------------------------------------------------|-----------|
| Konjac Glucomannan Standardized Extract                                           | 1,500 mg† |
| <i>(Amorphophallus konjac [root] standardized to 95% Glucomannans [1,425 mg])</i> |           |

†Daily Value not established

Other Ingredients: Vegetarian Capsule (Non-GMO Plant Cellulose).

Does NOT contain GMOs, additives, fillers, binders, artificial ingredients, preservatives, Stearates, Laurates, Sulfates, or Dioxides.

FREE of egg, gluten, milk, peanut, shellfish, and soy.

**Caution:** Please consult your healthcare provider before taking this supplement if you are pregnant, breastfeeding, and/or currently taking any OTC or prescription medications for a health condition. A small percentage of individuals may experience some gastric distress initially, which can be minimized by starting with one (1) capsule a day and working up slowly to the full dosage of three (3) to six (6) capsules a day and drinking plenty of water throughout the day. Store in a cool, dry place. Keep out of the reach of children.

Distributed By: NutriGold® Inc, Orem, UT 84057, USA.  
(800) 476-3542 • [www.nutrigold.com](http://www.nutrigold.com)

**Suggested Use:** As a dietary supplement, adults take one (1) to two (2) vegetarian capsules up to 3 times daily with 10-12 oz of water 30 minutes before meals, or as directed by a healthcare professional.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.