

Herbal Sleep Support*

Tranquilnite combines full-spectrum extracts of revered herbs, including Valerian and Hops, to gently promote the experience of satisfying sleep—without side effects.* Tranquilnite delivers concentrated herbs that promote restful sleep even during occasional times of stress and restlessness.* Because digestive stress can be an obstacle to rejuvenating sleep, Tranquilnite contains herbs to **support digestive health**.* Formulated with a proprietary herbal blend that works synergistically to relax and quiet the mind, which promotes sleep and feeling refreshed upon waking.* Our full-spectrum process extracts precious plant compounds to preserve Nature's full complexity, delivering a super-pure, super-potent herbal extract.

Caution: You may experience a feeling of deep relaxation or drowsiness after taking this product. We therefore recommend that it be taken only at night and not prior to either driving or operating machinery. Do not use if you are taking sedatives, tranquilizers, or other prescription medication without first consulting a healthcare professional. Do not use if you are nursing, pregnant, or considering pregnancy. Not for use by those under the age of 18. As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

NEWCHAPTER®

Promotes Restful
Sleep*

TRANQUILnite

Soothing Herbs for
Rest & Sleep*

Promotes Gentle Relief
from Occasional
Sleeplessness*

30 Softgels

DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Softgel Servings per container 30

One softgel contains	%DV
Valerian (<i>Valeriana officinalis</i>) and (<i>Valeriana mexicana</i>) (root) 16 mg supercritical extract (min. 120 mcg valerenic acid) 150 mg hydroethanolic extract	166 mg *
Seditol®, proprietary blend: (<i>Magnolia officinalis</i>) (bark) and (<i>Ziziphus spinosa</i>) (seed)	120 mg *
Hops (<i>Humulus lupulus</i>) (strobiles) 13 mg supercritical extract (min. 4 mg humulones, min. 1 mg lupulones) and 3 mg hydroethanolic extract (min. 32 mcg xanthohumol)	16 mg *
Passion flower (<i>Passiflora incarnata</i>) (herb) extract	6.6 mg *
Ginger (<i>Zingiber officinale</i>) (rhizome) 2 mg supercritical extract (min. 480 mcg pungent compounds) and 4 mg hydroethanolic extract (min. 120 mcg pungent compounds)	6 mg *
Chamomile (<i>Matricaria recutita</i>) (flower) supercritical extract	5 mg *
Lavender (<i>Lavandula angustifolia</i>) (flower) supercritical extract (min. 1.9 mg essential oil containing linalool)	3 mg *
Peppermint (<i>Mentha × piperita</i>) (leaf) supercritical extract supercritical extract (min. 500 mcg menthol)	3 mg *

* Daily Value not established

Other ingredients: Extra-virgin olive oil, yellow beeswax, maltodextrin, microcrystalline cellulose and silica.

Capsule: Gelatin (Halal), vegetable glycerine, water and carob.

Naturally gluten free.

Our premium softgel capsules are prepared without any chemical solvents and are BSE free.

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Suggested use: One softgel one hour before bedtime.

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