

**PROBIOTIC. WHOLE.
NON-GMO PROJECT VERIFIED.**

Mineral Food Complex delivers essential nutrients in a safe and active form within the infinite complexity of food. Whole-food complexed Selenium and GTF Chromium combined with organic Cinnamon support healthy blood sugar levels already within a normal range, a healthy metabolism and appetite.* Dual-cultured Calcium, Magnesium and Potassium help replenish key electrolytes and **support bone & heart health**.* Probiotic-cultured nutrients provide a broad spectrum of phytonutrients and ferment metabolites, including isoflavones and beta-glucans. Three-a-day formula is easy to take, easy to digest, and can be taken anytime—even on an empty stomach!

Get the *Whole Truth*!

Sign up for our e-newsletter at: newchapter.com/newsletter

Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

0639-C02

Please recycle this bottle after use.



**PROBIOTIC-
CULTURED
NUTRIENTS**

MINERAL FOOD COMPLEX

Whole-Food Complexed Minerals
for Electrolyte & Metabolism Support*

Can be taken on an empty stomach



90 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 3 Tablets

Servings per container 30

Three tablets contain	%DV	Three tablets contain	%DV
Probiotic Nutrients		Ginger (rhizome)	1.5 mg •
Calcium†	50 mg 5%	1.2 mg hydroethanolic extract and 0.3 mg organic supercritical extract	
Iron†	5 mg 28%	Organic Turmeric (rhizome)	1.5 mg •
Phosphorus†	5 mg 1%	1.2 mg powder† and 0.3 mg supercritical extract	
Iodine†	225 mcg 150%	Organic Cultured Herbal Extracts (Proprietary Blend)	
Magnesium†	50 mg 13%	Antioxidant Response†	66 mg •
Zinc†	5 mg 33%	Cinnamon (bark)†, Fenugreek (seed)†, Oregano (leaf)†, Cumin (seed)†, Coriander (seed)†, Rosemary (leaf)†, Clove (bud)†, Allspice (berry)†, Peppermint (leaf)†	
Selenium†	50 mcg 71%		
Manganese†	5 mg 250%		
Chromium†	50 mcg 42%		
Molybdenum†	10 mcg 13%		
Potassium†	5 mg <1%		
Silicon†	1 mg •		
Superfoods and Spices (Proprietary Blend)			
Organic Spinach (leaf)	168 mg •		
Organic Blueberry (fruit)	103 mg •		

Other ingredients: Organic gum acacia contains less than 2% of: silica, lac resin and carnauba wax.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).

Gluten free. 100% vegetarian; no artificial flavors or colors.

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Manufactured by NEW CHAPTER, INC.
90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301
888-874-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA

Suggested use: Three tablets daily. Can be taken anytime, even on an empty stomach.