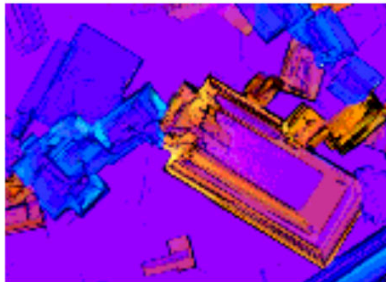


THORNE

R E S E A R C H



CITRATE FORMULA BASIC NUTRIENTS III WITHOUT COPPER AND IRON

180 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: One Capsule

One Capsule Contains:	One Capsule Contains:	One Capsule Contains:
Vitamin A (2083 IU from Beta Carotene and 417 IU as Palmitate) 2,500 IU	Folate (83 mcg as Calcium Folate and 83 mcg as L-5-Methyltetrahydrofolate from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt) 166 mcg	Zinc (as Zinc Picolinate) 2.5 mg
Vitamin C (as Ascorbic Acid) 140 mg	Vitamin B12 (25 mcg as Adenosylcobalamin and 25 mcg as Methylcobalamin) 50 mcg	Selenium (as L-Selenomethionine) 33 mcg
Vitamin D (as Vitamin D3) 165 IU 4.1 mcg	Biotin 65 mcg	Manganese (as Manganese Picolinate) 1 mg
Vitamin E (as d-Alpha Tocopheryl) 65 IU 53 mg	Pantothenic Acid (as Calcium Pantothenate) 68 mg	Chromium (as Chromium Nicotinate Glycinate Chelate) 33 mcg
Thiamin (as Thiamin HCl) 6.5 mg	Calcium (as Calcium Citrate) 50 mg	Molybdenum (as Molybdenum Picolinate) 16 mcg
Riboflavin (as Riboflavin 5'-Phosphate Sodium) 1.8 mg	Iodine (as Potassium Iodide) 37.5 mcg	Potassium (as Potassium Citrate) 15 mg
Niacin (21.5 mg as Niacinamide and 4.5 mg as Niacin) 26 mg	Magnesium (as Magnesium Citrate) 47.5 mg	Choline Citrate 16.5 mg
Vitamin B6 (as Pyridoxal 5'-Phosphate) 1.6 mg		Boron (as Boron Picolinate) 500 mcg
		Lutein (from Aztec Marigold extract (flower) (<i>Tagetes erecta</i>)) 24 mcg
		Vanadium (as Vanadium Picolinate) 16.5 mcg

Other Ingredients: Hypromellose (derived from cellulose) capsule, Leucine, Silicon Dioxide.

Suggested Use: Take 1 capsule daily or as recommended by your health-care practitioner.

Tamper Evident: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant, consult your health-care practitioner before using this product.



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