

PROBIOTIC. WHOLE. PURE.

Selenium Food Complex delivers essential nutrients in a safe and active form within the infinite complexity of food. Whole-food complexed Selenium combined with organic Cinnamon, Rosemary and Oregano combat oxidative stress.* Dual-cultured probiotic Selenium **neutralizes free radicals** and supports normal cell growth and function.* Probiotic cultured nutrients provide a broad spectrum of phytonutrients and ferment metabolites, including isoflavones and beta-glucans. Once-daily formula is easy to take, easy to digest, and can be taken anytime—even on an empty stomach!

Get the *Whole Truth*!

Sign up for our e-newsletter at: newchapter.com/newsletter

Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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Please recycle this bottle after use.



SELENIUM FOOD COMPLEX

Whole-Food Complexed Selenium for
Antioxidant Protection & Normal Cell Growth*

Can be taken on an empty stomach



90 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Servings per container 90

One tablet contains	%DV	
Probiotic Nutrients		
Selenium†	200 mcg	286%
Superfoods and Spices (Proprietary Blend)		
Organic Nutritional Yeast (autolyzed yeast‡, milled rice‡, sea salt)	100 mg	•
Organic Spinach (leaf)	62 mg	•
Organic Blueberry (fruit)	38 mg	•
Ginger (rhizome) 1.6 mg hydroethanolic extract and 0.4 mg organic supercritical extract	2 mg	•
Organic Turmeric (rhizome) 1.6 mg powder‡ and 0.4 mg supercritical extract	2 mg	•
Organic Cultured Herbal Extracts (Proprietary Blend)		
Antioxidant Response†	47 mg	•
Cinnamon (bark)‡, Fenugreek (seed)‡, Oregano (leaf)‡, Cumin (seed)‡, Coriander (seed)‡, Rosemary (leaf)‡, Clove (bud)‡, Allspice (berry)‡, Peppermint (leaf)‡		
• Daily Value not established		
‡ Organic		
† Nutrients are cultured in organic media that may contain: organic milled soy (including isoflavones), organic yeast (<i>Saccharomyces cerevisiae</i> , including beta-glucans), organic maltodextrin, organic gum acacia, organic molasses, enzymes and Lactobacilli (<i>L. acidophilus</i> , <i>L. bifidus</i> , <i>L. rhamnosus</i>).		

Other ingredients: Organic gum acacia, contains less than 2% of: silica, lac resin and carnauba wax.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).

Gluten free. 100% vegetarian; no artificial flavors or colors.

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90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301 888-874-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA

Suggested use: One tablet daily. Can be taken anytime, even on an empty stomach.