

**PROBIOTIC. WHOLE.
NON-GMO PROJECT VERIFIED.**

E + Selenium Food Complex delivers essential nutrients in a safe and active form within the infinite complexity of food. Whole-food complexed Vitamin E & Selenium help the body combat oxidative stress and **support healthy aging and cardiovascular health**.^{*} Dual-cultured Selenium has been shown to be more active than isolated Selenium in *in vitro* testing. Probiotic-cultured nutrients provide a broad spectrum of phytonutrients and ferment metabolites, including isoflavones and beta-glucans. Once-daily formula is easy to take, easy to digest, and can be taken anytime—even on an empty stomach!

Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

0664-C02

Please recycle this bottle after use.



E + SELENIUM FOOD COMPLEX

Whole-Food Complexed Nutrients for
Cell Protection & Antioxidant Support[†]

Can be taken on an empty stomach



60 Vegetarian Capsules

DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Vegetarian capsule

Servings per container 60

One capsule contains	%DV	
Probiotic Nutrients		
Vitamin E [†]	50 IU	167%
Selenium [†]	100 mcg	140%
Organic Cultured Herbal Extracts (Proprietary Blend)		
Antioxidant Response [†]	92 mg	•
Cinnamon (bark) [†] , Fenugreek (seed) [†] , Oregano (leaf) [†] , Cumin (seed) [†] , Coriander (seed) [†] , Rosemary (leaf) [†] , Clove (bud) [†] , Allspice (berry) [†] , Peppermint (leaf) [†]		
Superfoods [™] and Spices (Proprietary Blend)		
Organic Spinach (leaf)	60 mg	•
Organic Blueberry (fruit)	30 mg	•
Ginger (rhizome) 3.2 mg hydroethanolic extract and 0.8 mg organic supercritical extract	4 mg	•
Organic Turmeric (rhizome) 3.2 mg powder [†] and 0.8 mg supercritical extract	4 mg	•

• Daily Value not established † Organic

[†] Nutrients are cultured in organic media that may contain: organic milled soy (including isoflavones), *Saccharomyces cerevisiae* (organic yeast: active and inactive, including beta-glucans), organic maltodextrin, organic gum acacia, organic alfalfa powder, organic molasses, *Lactobacilli* (*L. acidophilus*, *L. bifidus*, *L. rhamnosus*) and enzymes.

Other ingredients: Modified cellulose (capsule), organic milled rice and silica.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).

Gluten free. 100% vegetarian; no artificial flavors or colors.

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Suggested use: One capsule daily. Can be taken anytime, even on an empty stomach.

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