

Caution: Please consult your healthcare provider before taking this supplement if you are pregnant, breastfeeding, and/or taking any OTC or prescription medications for a health condition. This product may cause drowsiness. Store in a cool, dry place. Keep out of the reach of children.

5-HTP Benefits

- Supports positive mood*
- Supports relaxation and restful sleep*
- Supports overall emotional well-being*
- Supports appetite control*

The 5-HTP GOLD™ Advantage

- Features an exceptionally pure, 100% natural source of 5-HTP
- Guaranteed free of harmful Peak-X by an independent, third-party lab
- Manufactured to stringent cGMP standards without the use of additives, binders, artificial ingredients, preservatives, Stearates, Sulfates, Laurates, and Dioxides



**Herbal Supplement to Support
Positive Mood, Relaxation, & Appetite Control***

Features an Exceptionally Pure, 100% Natural Source of 5-HTP

100 mg

120

**Vegetarian
Capsules**

NUTRIGOLD® 5-HTP GOLD™

Supplement Facts

Serving Size: 1 Vegetarian Capsule

Servings per Container: 120

Amount Per Serving	
5-HTP (5-Hydroxytryptophan) (<i>Griffonia simplicifolia</i> [seeds] standardized to 99% L-5-Hydroxytryptophan - 99 mg)	100 mg†

†Daily Value not established

Other Ingredients: Non-GMO Natural Rice Concentrate, Vegetarian Capsule (Non-GMO Plant Cellulose).

Does NOT contain additives, binders, artificial ingredients, preservatives, Stearates, Laurates, Sulfates, or Dioxides.

FREE of egg, gluten, milk, peanut, shellfish, and soy.

Distributed By: NutriGold® Inc, Orem, UT 84057, USA.
(800) 476-3542 • www.nutrigold.com

Suggested Use: As a dietary supplement, adults take one (1) vegetarian capsule 1 to 2 times daily, preferably on an empty stomach, or as directed by a healthcare professional.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

2203-140320