

Supplement Facts

Serving Size 2 Scoops (61 g)

Servings Per Container 14

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	230		
Calories from Fat	45		
Total Fat	5 g	8%†	
Saturated Fat	2.5 g	13%†	
Cholesterol	70 mg	23%†	
Total Carbohydrate †	25 g	8%†	
Dietary Fiber †	6 g	25%†	
Soluble Fiber	5 g	**	
Sugars	10 g	**	
Protein	22 g	44%†	
Vitamin A (beta carotene)	6300 IU	130%	
Vitamin C (ascorbic acid)	20 mg	35%	
Vitamin D (ergocalciferol)	100 IU	25%	
Vitamin E (d-alpha tocopheryl acetate)	6 IU	20%	
Thiamin (hydrochloride)	0.75 mg	50%	
Riboflavin	0.8 mg	50%	
Niacin (niacinamide)	12 mg	60%	
Vitamin B6 (pyridoxine hydrochloride)	0.75 mg	40%	
Folate (folic acid)	110 mcg	30%	
Vitamin B12 (cyanocobalamin)	0.5 mcg	8%	
Biotin	75 mcg	25%	
Pantothenic Acid (calcium pantothenate)	2.5 mg	25%	
Calcium	520 mg	50%	
Iron (ferrous fumarate)	4 mg	20%	
Phosphorus (calcium phosphate)	510 mg	50%	
Iodine (potassium iodide)	40 mcg	30%	
Magnesium (citrate)	120 mg	30%	
Zinc (citrate)	6 mg	40%	
Selenium (chelate)	20 mcg	30%	
Copper (chelate)	0.5 mg	25%	
Manganese (citrate)	1 mg	50%	
Chromium (chelate)	20 mcg	20%	
Molybdenum (citrate)	25 mcg	35%	
Sodium	400 mg	20%†	
Potassium	980 mg	30%	
Whey Protein Concentrate (milk) (microfiltered, undenatured)	28 g	**	
PolyGlycopleX® (PGX®)	5 g	**	
Highly purified water soluble polysaccharide complex manufactured using the proprietary EnviroSimplex® process: Konjac-mannan (<i>Amorphophallus konjac</i>) [root], xanthan gum, sodium alginate.			
Soy Lecithin	4 g	**	
Medium Chain Triglycerides (from coconut)	900 mg	**	
Stevia Leaf Powder	100 mg	**	
Bilberry (<i>Vaccinium myrtillus</i>) Extract (fruit) (25% anthocyanidins)	25 mg	**	
	6.25 mg	**	
Taurine	25 mg	**	
Lutein	4 mg	**	

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

‡ 22 g Available Carbs
(Total Carbs – Fiber = Available Carbs)

Other ingredients: 100% pure fructose powder, xylitol, natural chocolate flavor.

WellBetX®

PGX®

US PATENTS:
8062686;
8597709

Weight Management Shake

Chocolate

1.9 lb (854 g) Powder

APPETITE CONTROL & GLUCOSE BALANCE*



natural Factors®

Suggested usage: For the first 1–2 weeks, add ½–1 scoop of WellBetX® powder to 10–12 oz. of cold water per day and shake in a shaker cup or mix in a blender with ice. Gradually increase dosage to 2 scoops (61 g) and mix in 16 oz. of water as directed above or as directed by a health professional.

Serving option: WellBetX® powder makes a delicious pudding. Follow the directions above. After mixing, pour into a bowl and refrigerate for 1 hour. Add ½ a banana or other fruit for variety or use skim milk for higher calories and a creamier texture.

Notice: A small percentage of people may initially experience minor digestive changes when taking PGX®. Slowly work up to the full dose to give your body time to adjust. It is important to drink adequate amounts of water (8–16 oz.) after taking PGX®.

Cautions: If you are under 18 years of age, are pregnant or nursing, or have health concerns, consult a health professional before starting any weight loss plan. If you are taking medication, take it 1 hour prior to or 2 hours after taking PGX®. Keep out of the reach of children.

WellBetX® weight management formula is designed to promote and support weight management through appetite control and glucose balance already within the normal range.* The formula is quick and easy to mix and makes a creamy “shake” or pudding for a healthy snack or meal option that is both delicious and satisfying.

WellBetX® powder is completely unique from other weight management programs! It supplies the body with an optimum blend of nutrients, is high in protein, has a low glycemic index and tastes delicious! A key component of the formula is PGX® (PolyGlycopleX®), a proprietary soluble fiber blend clinically studied to support weight management (when combined with a healthy diet and regular exercise).*

PGX® is unlike any other soluble fiber.

Why is PGX® unique compared to other fibers? Significantly less PGX® is required to obtain the same important health benefits, such as support for glucose balance already within the normal range and weight management.* PGX® is highly effective for appetite control, making WellBetX® a satisfying snack or meal option that helps reduce carbohydrate and sugar cravings.* PGX® was developed through extensive research at the Canadian Centre for Functional Medicine.

High Fiber • High Protein • Low Glycemic Index

Available in 2 delicious all-natural flavors: Chocolate and French Vanilla.

Look for other WellBetX® products: Complete Multi, PGX® Capsules and Glucose Balance Herbal Formula*.

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

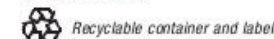
Contains no artificial colors, preservatives, or sweeteners; no wheat, gluten, yeast, egg, fish, shellfish, or GMOs. Suitable for vegetarians. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

PGX®, PolyGlycopleX® and EnviroSimplex® are registered trademarks of InovoBiologic Inc.

PGX® US Patents: 8062686; 8597709.

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**Purity & Potency
Guaranteed**

