

Supplement Facts

Serving Size 2 Scoops (61 g)
Servings Per Container 14

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	270	Magnesium (citrate)	120 mg 30%
Calories from Fat	45	Zinc (citrate)	6 mg 40%
Total Fat	5 g 8%†	Selenium (cholate)	20 mcg 30%
Saturated Fat	2 g 10%†	Copper (cholate)	0.5 mg 25%
Cholesterol	70 mg 23%†	Manganese (citrate)	1 mg 50%
Total Carbohydrate †	27 g 23%†	Chromium (cholate)	20 mcg 20%
Dietary Fiber †	5 g 20%†	Molybdenum (citrate)	25 mcg 35%
Soluble Fiber	5 g **	Sodium	400 mg 20%†
Sugars	7 g **	Potassium	765 mg 30%
Protein	22 g 44%†	Whey Protein Concentrate (milk) (microfiltered, undenatured)	28 g **
Vitamin A (beta carotene)	6300 IU 130%	PolyGlycopleX® (PGX®)	5 g **
Vitamin C (ascorbic acid)	20 mg 35%	Highly purified water soluble polysaccharide complex manufactured using the proprietary EnviroSimplex® process: Konjac-mannan (<i>Amorphophallus konjac</i>) [root], xanthan gum, sodium alginate.	
Vitamin D (ergocalciferol)	100 IU 25%	Soy Lecithin	4 g **
Vitamin E (d-alpha tocopheryl acetate)	6 IU 20%	Medium Chain Triglycerides (from coconut)	1 g **
Thiamin (hydrochloride)	0.75 mg 50%	Stevia Leaf Powder	100 mg **
Riboflavin	0.8 mg 50%	Bilberry (<i>Vaccinium myrtillus</i>) Extract (fruit)	25 mg
Niacin (niacinamide)	12 mg 60%	(25% anthocyanidins)	6.25 mg **
Vitamin B6 (pyridoxine hydrochloride)	0.75 mg 40%	Taurine	25 mg **
Folate (folic acid)	110 mcg 30%	Lutein	4 mg **
Vitamin B12 (cyanocobalamin)	0.5 mcg 8%		
Biotin	75 mcg 25%		
Pantothenic Acid (calcium pantothenate)	2.5 mg 25%		
Calcium	520 mg 50%		
Iron (ferrous fumarate)	3 mg 15%		
Phosphorus (calcium phosphate)	480 mg 50%		
Iodine (potassium iodide)	40 mcg 30%		

Other ingredients: 100% pure fructose powder, xylitol, natural vanilla flavor.

WellBetX® PGX®

US PATENTS:
8062686;
8597709

Weight Management Shake
French Vanilla

1.9 lb (854 g) Powder

APPETITE CONTROL & GLUCOSE BALANCE*



Suggested usage: For the first 1–2 weeks, add ½–1 scoop of WellBetX® powder to 10–12 oz. of cold water per day and shake in a shaker cup or mix in a blender with ice. Gradually increase dosage to 2 scoops (61 g) and mix in 16 oz. of water as directed above or as directed by a health professional.

Serving option: WellBetX® powder makes a delicious pudding. Follow the directions above. After mixing, pour into a bowl and refrigerate for 1 hour. Add ½ a banana or other fruit for variety or use skim milk for higher calories and a creamier texture.

Notice: A small percentage of people may initially experience minor digestive changes when taking PGX®. Slowly work up to the full dose to give your body time to adjust. It is important to drink adequate amount of water (8–16 oz.) after taking PGX®.

Cautions: If you are under 18 years of age, are pregnant or nursing or if you have health concerns, consult a health professional before starting any weight loss plan. If you are taking medication, take it one hour prior to or two hours after taking PGX®. Keep out of the reach of children.

WellBetX® weight management formula is designed to promote and support weight management through appetite control and glucose balance already within the normal range.* The formula is quick and easy to mix and makes a creamy "shake" or pudding for a healthy snack or meal option that is both delicious and satisfying.

WellBetX® powder is completely unique from other weight management programs! It supplies the body with an optimum blend of nutrients, is high in protein, has a low glycemic index and tastes delicious! A key component of the formula is PGX® (PolyGlycopleX®), a proprietary soluble fiber blend clinically studied to support weight management (when combined with a healthy diet and regular exercise).*

PGX® is unlike any other soluble fiber.

Why is PGX® unique compared to other fibers? Significantly less PGX® is required to obtain the same important health benefits, such as support for glucose balance already within the normal range and weight management.* PGX® is highly effective for appetite control, making WellBetX® a satisfying snack or meal option that helps reduce carbohydrate and sugar cravings.* PGX® was developed through extensive research at the Canadian Centre for Functional Medicine.

High Fiber • High Protein • Low Glycemic Index

Available in 2 delicious all-natural flavors: Chocolate and French Vanilla.

Look for other WellBetX® products: Complete Multi, PGX® Capsules and Glucose Balance Herbal Formula*.

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

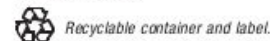
Contains no artificial colors, preservatives, or sweeteners; no wheat, gluten, yeast, egg, fish, shellfish, or GMOs. Suitable for vegetarians. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

*** This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.**

PGX®, PolyGlycopleX® and EnviroSimplex® are registered trademarks of InovoBiologic Inc.

PGX® US Patents: 8062686; 8597709.

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**Purity & Potency
Guaranteed**

