

**PROBIOTIC. WHOLE.
NON-GMO PROJECT VERIFIED.**

Organic fruits, vegetables and cultured whole-food complexed vitamins and minerals together promote optimal health—not just address nutrient deficiencies.* Tiny Tabs are a probiotic whole-food complexed multivitamin formulated specifically for those who have difficulty swallowing tablets. They deliver 24 whole-food complexed vitamins and minerals that provide complete nutritional support and promote optimal vitality.*

Tiny Tabs are small, easy to swallow and easy to digest, and can be taken anytime—even on an empty stomach!

Get the Whole Truth!

Sign up for our e-newsletter at: newchapter.com/newsletter

Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

0362-A04

Please recycle this bottle after use.



tiny tabs®
MULTIVITAMIN

**Whole-Food Complexed Multivitamin
That's Easy to Swallow**

Can be taken on an empty stomach



192 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 6 Tablets Servings per container 32

Six tablets contain	%DV	Six tablets contain	%DV
Probiotic Nutrients		Iodine†	45 mcg 30%
Vitamin A† (100% as beta-carotene)	5000 IU 100%	Magnesium† (67% cultured, 33% from Algae)	3 mg <1%
Vitamin C†	30 mg 50%	Zinc†	3 mg 20%
Vitamin D3†	1000 IU 250%	Selenium†	15 mcg 21%
Vitamin E†	15 IU 50%	Copper†	300 mcg 15%
Vitamin K (K1 and K2 [MK7] Blend)	80 mcg 100%	Manganese†	1 mg 50%
Thiamin-Vitamin B1†	3 mg 200%	GTF Chromium†	60 mcg 50%
Riboflavin-Vitamin B2†	3 mg 175%	Molybdenum†	100 mcg 130%
Niacin†	20 mg 100%		
Vitamin B6†	3 mg 150%		
Folate†	200 mcg 50%		
Vitamin B12†	15 mcg 250%		
Biotin†	150 mcg 50%		
Pantothenic Acid†	10 mg 100%		
Calcium (from Algae)	15 mg <2%		
Iron†	3 mg 15%		

• Daily Value not established

† Lithothamnion: (*L. calcareum* and *L. corallioides*)

† Nutrients are cultured in organic media that may contain: organic milled soy, organic yeast (*Saccharomyces cerevisiae*), organic maltodextrin, organic gum acacia, organic orange peel, organic carrot powder, organic alfalfa powder, *Lactobacilli* (*L. acidophilus*, *L. bifidus*, *L. rhamnosus*) and enzymes (deactivated).

Other ingredients: Organic gum acacia, contains less than 2% of: silica, lac resin, carnauba wax and maltodextrin.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).

Gluten free. 100% vegetarian; no artificial flavors or colors.

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Certified Organic by International Certification Services, Inc., Medina, ND, USA

Suggested use: Six tablets daily. Can be taken anytime, even on an empty stomach