PROBIOTIC, WHOLE, NON-GMO PROJECT VERIFIED.

Organic herbs and cultured whole-food complexed vitamins and minerals together promote optimal health and condition-specific benefits, not just address nutrient deficiencies.*

Every Woman's One Daily is a once-daily probiotic whole-food complexed multivitamin formulated specifically for the needs of active women.

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Certified Organic by International Certification Services, Inc., Medina, ND, USA

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Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Please recycle this bottle after use.





every woman's ONE DAILY **MULTI**

Whole-Food Complexed Multivitamin for Stress, Immune & Bone Health*

Can be taken on an empty stomach

96 Tablets

Supplement Facts

Serving size 1 Tablet Servings per container 96

One tablet contains		%DV	One tablet contains	-	%DV
Probiotic Nutrients			Manganese [†]	1 mg	50%
Vitamin A† (100% as beta-carotene)	5000IU	100%	Chromium† 60	mcg	50%
Vitamin C [†]	60 mg	100%	Molybdenum† 10	mcq	13%
Vitamin D3†	1000 IU	250%			
Vitamin E [†]	30 IU	100%	Herbal Blends		
Vitamin K (K1 and K2 [MK7] Blend)	80 mcg	100%) mg	•
Thiamin-Vitamin B1†	1.5 mg	100%	Organic Schizandra (berry), Organic Maca (root), Organic Chamomile (flower)		
Riboflavin-Vitamin B2 [†]	1.7 mg	100%			
Niacin†	20 mg	100%) mg	•
Vitamin B6†	2 mg	100%	Organic Chaste Tree (berry), Organic Re	ed Clove	er
Folate†	400 mcg	100%	(flower), Organic Raspberry (leaf)		
Vitamin B12†	12 mcg	200%	Immune Support Blend†	20 mg	
Biotin†	150 mcg	50%	Elderberry Extract (Sambucus nigra) (berry), Organic Eleuthero (root), Organic Astragalus (root)		
Pantothenic Acid†	10 mg	100%			
Calcium (from Algaet)	25 mg	2.5%	Full Spectrum Herbs and Extracts		
Iron†	3 mg	17%	Ginger (rhizome)	4 mg	
lodine†	75 mcg	50%	3.2 mg hydroethanolic extract and		
Magnesium† (67% cultured, 33% from Algae‡)	4.5 mg	1%	0.8 mg organic supercritical extract		
Zinc†	7.5 mg	50%	Organic Turmeric (rhizome) 4	1 mg	
Selenium [†]	50 mcg	71%	3.2 mg powder† and		
Copper [†]	750 mcg	38%	0.8 mg supercritical extract		

· Daily Value not established 1 Lithothamnion: (L. calcareum and L. corallioides) + Nutrients and herbs are cultured in organic media that may contain: organic milled soy, Saccharomyces cerevisiae (organic yeast: active and inactive), organic maltodextrin, organic gum acacia, organic orange peel, organic lemon peel, organic carrot powder, organic alfalfa powder, organic molasses, Lactobacilli (L. acidophilus, L. bifidus, L. rhamnosus) and enzymes (deactivated).

Other ingredients: Organic gum acacia, contains less than 2% of: silica, lac resin, carnauba wax and maltodextrin. Contains: Fermented soy and fermented wheat (as food source for Saccharomyces cerevisiae).

Gluten free. 100% vegetarian: no artificial flavors or colors.

Suggested use: One tablet daily. Can be taken anytime, even on an empty stomach.