

**PROBIOTIC. WHOLE.  
NON-GMO PROJECT VERIFIED.**

Organic herbs and cultured whole-food complexed vitamins and minerals together promote optimal health and condition-specific benefits, not just address nutrient deficiencies.\*

Every Woman II is a probiotic whole-food complexed multivitamin formulated specifically for the needs of women 40+.

© 2013 New Chapter, Inc.  
Manufactured by NEW CHAPTER, INC.  
90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301  
888-874-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA

Get the *Whole Truth!*  
Sign up for our e-newsletter at: [newchapter.com/newsletter](http://newchapter.com/newsletter)

**Caution:** As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

0311-C03

Please recycle this bottle after use.



**40+  
every woman® II  
MULTIVITAMIN**

**Whole-Food Complexed Multivitamin  
for Breast, Heart & Vision Support\***  
**Can be taken on an empty stomach**



96 Tablets

DIETARY SUPPLEMENT

**Supplement Facts**

Serving size 3 Tablets Servings per container 32

| Three tablets contain                      | %DV          | Three tablets contain                                                                                                                                                    | %DV      |
|--------------------------------------------|--------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|
| <b>Probiotic Nutrients</b>                 |              | <b>Herbal Blends</b>                                                                                                                                                     |          |
| Vitamin A† (100% as beta-carotene)         | 5000 IU 100% | <b>Stress/Energy Support Blend†</b>                                                                                                                                      | 100 mg • |
| Vitamin C†                                 | 60 mg 100%   | Organic Schizandra ( <i>berry</i> ), Organic Maca ( <i>root</i> ), Organic Chamomile ( <i>flower</i> )                                                                   |          |
| Vitamin D3†                                | 1000 IU 250% | <b>Cardio Support Blend†</b>                                                                                                                                             | 100 mg • |
| Vitamin E†                                 | 30 IU 100%   | Organic Fenugreek ( <i>seed</i> ), Organic Oregano ( <i>leaf</i> ), Grapeseed Extract (not cultured), Organic Hawthorn ( <i>berry and seed</i> )                         |          |
| Vitamin K (K1 and K2 [MK7] Blend)          | 80 mcg 100%  | <b>Hormone Support Blend†</b>                                                                                                                                            | 100 mg • |
| Thiamin-Vitamin B1†                        | 8 mg 533%    | Organic Chaste Tree ( <i>berry</i> ), Organic Red Clover ( <i>flower</i> ), Organic Raspberry ( <i>leaf</i> )                                                            |          |
| Riboflavin-Vitamin B2†                     | 5 mg 294%    | <b>Breast Support Blend</b> (sprouted seeds)                                                                                                                             | 100 mg • |
| Niacin†                                    | 20 mg 100%   | Organic Broccoli, Organic Cauliflower, Organic Kale, Organic Daikon Radish, Organic Cabbage, Organic Mustard                                                             |          |
| Vitamin B6†                                | 10 mg 500%   | <b>Digestive Support Blend†</b>                                                                                                                                          | 80 mg •  |
| Folate†                                    | 200 mcg 50%  | Organic Aloe ( <i>leaf</i> ), Organic Peppermint ( <i>leaf</i> ), Organic Coriander ( <i>seed</i> ), Organic Cardamom ( <i>seed</i> ), Organic Artichoke ( <i>leaf</i> ) |          |
| Vitamin B12†                               | 50 mcg 833%  | <b>Immune Support Blend†</b>                                                                                                                                             | 60 mg •  |
| Biotin†                                    | 300 mcg 100% | Elderberry Extract ( <i>Sambucus nigra</i> ) ( <i>berry</i> ), Organic Eleuthero ( <i>root</i> ), Organic Astragalus ( <i>root</i> )                                     |          |
| Pantothenic Acid†                          | 25 mg 250%   | <b>Full-Spectrum Herbs and Extracts</b>                                                                                                                                  |          |
| Calcium (from Algae†)                      | 75 mg 7%     | Ginger ( <i>rhizome</i> ) 9.6 mg hydroethanolic extract and 2.4 mg organic supercritical extract                                                                         | 12 mg •  |
| Iodine†                                    | 90 mcg 60%   | <b>Organic Turmeric</b> ( <i>rhizome</i> ) 9.6 mg powder† and 2.4 mg supercritical extract                                                                               | 12 mg •  |
| Magnesium† (80% cultured, 20% from Algae†) | 20 mg 5%     |                                                                                                                                                                          |          |
| Zinc†                                      | 7.5 mg 50%   |                                                                                                                                                                          |          |
| Selenium†                                  | 100 mcg 143% |                                                                                                                                                                          |          |
| Copper†                                    | 750 mcg 38%  |                                                                                                                                                                          |          |
| Manganese†                                 | 2 mg 100%    |                                                                                                                                                                          |          |
| Chromium†                                  | 100 mcg 83%  |                                                                                                                                                                          |          |
| Molybdenum†                                | 50 mcg 67%   |                                                                                                                                                                          |          |

• Daily Value not established † Lithothamnion: (*L. calcareum* and *L. corallioides*)

† Nutrients and herbs are cultured in organic media that may contain: organic milled soy, *Saccharomyces cerevisiae* (organic yeast: active and inactive), organic maltodextrin, organic gum acacia, organic orange peel, organic lemon peel, organic carrot powder, organic alfalfa powder, organic molasses, *Lactobacilli* (*L. acidophilus*, *L. bifidus*, *L. rhamnosus*) and enzymes (deactivated).

Other ingredients: Organic gum acacia, contains less than 2% of: silica, lac resin, carnauba wax and maltodextrin.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).

Gluten free. 100% vegetarian; no artificial flavors or colors.

**Suggested use: Three tablets daily. Can be taken anytime, even on an empty stomach.**