Amount Per Serving		%DV	Amount Per Serving		%DV
Calories	302		L-Leucine		**
Calories from Fat	14		Leucine Alpha Ketoglutarate (AK	G)	**
Total Fat	1.5g	2%*	Leucine Ethyl Ester		**
Saturated Fat	1g	6%*	N-Acetyl Leucine		**
Total Carbohydrate	52g	17%*	Volubolic Amino Blend	7000mg	
Sugars	27g	**	Taurine		**
Protein	20g	40%	Glutamine Alpha Ketoglutarate (A	AKG)	**
Calcium	118mg	12%	L-Phenylalanine		**
Sodium	130mg	5%*	Citrulline Malate		**
Potassium	202mg	6%	Creabolic Complex	3000mg	
			Creapure®		**
Torrent Proprietary Blend	18,000mg		Creatine MagnaPower®		**
Anti-Catabolic Leucine Complex	8000mg		Tri-Methyl Glycine (TMG)		**
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Percent Daily Value based on a 2000 calorie diet.

OTHER INGREDIENTS: Osmosulin Matrix™ (D-glucose, waxy maize, maltodextrin), partially hydrolyzed whey protein concentrate (milk), (providing di-, tri-, oligo and polypeptides), creatine monohydrate, magnesium creatine chelate, natural and artificial flavors, malic acid, citric acid, lecithin (soy), sodium chloride, sucralose, acesulfame potassium, dimagnesium phosphate, FD&C Yellow # 5, potassium

INGREDIENT NOTES: Creatine MagnaPower® is a registered trademark of Albion Laboratories, Inc., and is covered by U.S. Patent 6,114,379 and patents pending, Creapure® Brand Creatine is an exclusive product of AlzChem Trostberg GmbH Germany. Tested and proven free of impurities, U.S. Patent # 5,719,319.

DOSAGE: For use as a dietary supplement, take one serving of Torrent™ within 30 minutes of your workout. Mix 3 heaping scoops along with 20-25 oz. of your beverage of choice. For best results, consume Torrent™ after each training session.

WARNING: This product is not for use by anyone under the age of 18. Do not take this if you have or are at risk for any medical condition or disease. Please consult with a physician before using this product, especially if you are using any prescription drug, over-the-counter medication, or supplements. Immediately discontinue use if any side effects occur. For State of California residents only: this product contains a chemical known to the State of California to cause birth defects or other reproductive harm. Keep out of reach of children. Athletes should consult with their sanctioning authority before use. Do not exceed recommended dose. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. This product is manufactured in a GMP facility that uses milk, soy, egg and peanuts.



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proprietary blend of muscle mass activators rush to bring your body back into anabolic "green light" status, quickly repairing damaged muscle fibers while triggering fresh growth. Heightened anabolism, rapid nutrient transport, insulin potentiating, all delivered by means of a delicious post-workout growth cocktail. HOW WE BACK IT UP What is on the label is in the bottle and what is in the bottle will help you reach your goals. We guarantee it. Backed by our 100% ironclad money back guarantee, we proudly stand behind every item we produce. If for whatever reason you are not satisfied with any product bearing

our name, simply return it to your place of purchase with a receipt for a full refund. Our word is our bond.

SOUR CITRUS RUSH

Anabolic Muscle Activating Supplement Net Wt 3.28 lb (1.49kg) Key Aminos + Creatine | Osmosulin Advanced Delivery System | Post-Workout Recovery Matrix