

Whole-Food Calcium for Bone Health and Beyond

Most Calcium supplements are derived from limestone. Plant-sourced Bone Strength *Take Care*™ Tiny Tabs deliver bone-strengthening Calcium within the infinite complexities of whole food.* Bone Strength *Take Care* is formulated with TargetCal™, featuring whole-food sourced Vitamin K2 that directs Calcium to bones where you need it and functions to help maintain artery health.* Plant-sourced Calcium, Magnesium and multiple trace minerals have also been shown to support movement, joint flexibility and joint function.*

Caution: As with any dietary supplement, you should advise your healthcare professional of the use of this product. If you are nursing, pregnant, or considering pregnancy, or having any surgery planned, you should consult your healthcare professional prior to using this product. Do not take if on blood therapy or thinners such as warfarin. Discontinue use and contact your healthcare professional if you experience a side effect or an allergic reaction. **Keep out of reach of children.**

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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Please recycle this bottle after use.


NEWCHAPTER®

NON-GMO VERIFIED FORMULA



Bone Strength *take care*™

tiny tabs 

**Plant-Sourced Whole-Food
Calcium, Not Limestone**

- Slow & Steady Release Calcium Formula with Magnesium & D3
- **TargetCal™** with K2 Acts to Direct Calcium to Bones*

120 Tiny Tablets



DIETARY SUPPLEMENT



Supplement Facts

Serving size 6 Tablets

Servings per container 20

Amount Per Serving		%DV
Vitamin D3 (as cholecalciferol from culture media)	1000 IU	250%
Vitamin K1 (as phylloquinone from culture media)	35 mcg	44%
Vitamin K2 (as menaquinone-7 from natto)	45 mcg	56%
Calcium (from algae <i>Lithothamnion calcareum</i> & <i>corallioides</i>)	770 mg	77%
Magnesium (from algae <i>Lithothamnion calcareum</i> & <i>corallioides</i>)	58 mg	14%
Strontium (from algae <i>Lithothamnion calcareum</i> & <i>corallioides</i>)	5 mg	•
Silicon (from algae <i>Lithothamnion calcareum</i> & <i>corallioides</i>)	2 mg	•
Vanadium (from algae <i>Lithothamnion calcareum</i> & <i>corallioides</i>)	13 mcg	•

• Daily Value not established

Other ingredients: Culture media (organic milled soy, organic *Saccharomyces cerevisiae* [active and inactive], organic maltodextrin, organic gum acacia, organic alfalfa powder, lactic acid bacteria [*L. acidophilus*, *B. bifidum*, *L. rhamnosus*], papain [deactivated], bromelain [deactivated]), organic barley grass, organic gum acacia, maltodextrin, hypromellose, silicon dioxide and sunflower oil.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).†

†The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

Distributed by NEW CHAPTER, INC., 90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301

For questions or comments call 888-874-4461

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Gluten free; 100% vegetarian; no artificial flavors or colors.

Suggested use: Six tablets daily with food.

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