

Use It, Lose It!

Packed with Healthy Weight Loss Supporting Ingredients

Losing weight takes a plan and the right tools. Sometimes exercise and calorie restrictions are not always enough. **Trim Energy®** is packed with healthy weight loss supporting ingredients to give you the **Triple Action Edge™** needed stick to your weight loss plan.

TRIPLE ACTION EDGE™ *fiber* WEIGHT LOSS

1 Supports Healthy Weight Loss!* Green coffee bean extract helps decrease body fat by limiting the release of glucose sugar in our bodies' circulation.[†]

2 Helps Lower Cortisol!* Ashwagandha is a revered herb from India that has been clinically shown to reduce the stress hormone, cortisol, which may help burn fat.^{††}

3 Helps Boost Metabolism!* EGCG is the most powerful compound in green tea known to help increase metabolism. Each serving has 135 mg of EGCG to give you that extra boost.^{†††}

fiber **Fiber** promotes a feeling of fullness and supports healthy digestion.

Another key component to a good weight loss plan is **water!** It is easy to confuse thirst for hunger, so we can end up eating extra calories when we need thirst-quenching water.

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



400mg Green Coffee Bean

POWDER MIX
scoop included inside

trim[®] energy

**Supports Healthy
Weight Loss***

**Green Coffee Bean
For Weight Loss***

**Ashwagandha
Helps Lower Cortisol***

**EGCG from Green Tea
Helps Boost Metabolism***

30 Servings

with **Green
Coffee Bean**



berry flavor
naturally flavored

DIETARY SUPPLEMENT

NET WT 5.4 oz (156 g)

SUPPLEMENT FACTS

Serving Size 1 Scoop (5.2 g) Servings Per Container 30

Amount Per Serving	% Daily Value
Calories 20	
Calories from Fat 0	
Total Carbohydrates 5 g	2%*
Dietary Fiber 2.5 g	10%*
Sugars 0 g	†
Sodium 2 mg	<1%
Vitamin C (as ascorbic acid) 75 mg	125%
Thiamin (as thiamine hydrochloride) 0.38 mg	25%
Riboflavin 0.43 mg	25%
Niacin (as niacinamide) 5 mg	25%
Vitamin B₆ (as pyridoxal-5-phosphate) 0.5 mg	25%
Folate (as folic acid) 100 mcg	25%
Vitamin B₁₂ (as cyanocobalamin) 500 mcg	8,333%
Pantothenic Acid (as calcium d-pantothenate) 2.5 mg	25%
Chromium (as chromium polynicotinate) 100 mcg	84%

Triple Action Blend 625 mg †
Green tea leaf extract, green coffee bean extract (standardized to 45% epigallocatechingallate EGCG) decaffeinated, ashwagandha root and leaf extract (withania somnifera), naturally occurring caffeine from green tea leaf extract.

Naturally Occurring Caffeine from Green Tea Leaf Extract 75 mg †

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established

Other Ingredients: Prebiotic soluble fiber, natural flavor (plant based), citric acid, silica (as a flow agent), stevia and xanthan gum.

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CONTENTS MAY SETTLE DURING SHIPPING. STORE IN A COOL DRY PLACE. Questions? Call: (866)494-8646 or visit WWW.TOGOBRANDS.COM.

DO NOT TAKE Trim Energy® if you are sensitive to caffeine or have a health condition that is aggravated by caffeine. Check with your doctor before starting any weight loss program. **KEEP OUT OF REACH OF CHILDREN**

INSTRUCTIONS TO SUPPORT A WEIGHT LOSS PLAN: Take two sips of a 16.9 fl oz bottle of water, empty the contents of one packet and shake until dissolved. Drink two servings per day, one mid-morning and one mid-afternoon at least 30 minutes before each meal for optimal weight loss results. If you are sensitive to caffeine, the 2nd serving can be taken earlier in the afternoon. *Taste The Difference. Feel the difference!*

[†]In an 8-week double-blind clinical study using the US patented Svetol® green coffee bean extract used in Trim Energy®, subjects experienced overall weight loss and an increase in the lean muscle to fat mass ratio.

^{††}In a double-blind, placebo controlled human study, subjects that were given 250 mg per day of the US patented ashwagandha herb had a 24% reduction in serum cortisol levels for subjects taking it at the recommended dosage of 250 mg per day.

^{†††}A combination of 90 mg of EGCG and 50 mg of caffeine three times daily have shown metabolism boosting effects in clinical studies.



VEGAN / NON-GMO / GLUTEN FREE



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