

Made in Canada from domestic and imported ingredients.

v404.03



Supplement facts

Serving size 1 tsp. (5 ml) / Servings per container 40

Amount	Per 1 tsp.	Per 2 tsp.	%Daily value*
Calories	40	80	
Calories from fat	40	80	
Fat	4.5 g	9 g	7%*
Saturated	0.5 g	1 g	3%*
+ Trans	0 g	0 g	
Polyunsaturated	2 g	4 g	
Monounsaturated	2 g	3.5 g	
Cholesterol	<2.5 mg	<5 mg	<1%*
SDA (stearidonic acid)	275 mg†	550 mg†	
DHA (docosahexaenoic acid)	200 mg†	400 mg†	
GLA (gamma linolenic acid)	210 mg	420 mg	

* Based on 1 tsp. serving. † Daily value not established.

* Percent daily value is based on a 2000 calorie diet.

Ingredients: echium oil (*Echium plantagineum*), algal oil (*Schizochytrium* sp.), sunflower oil, all natural flavoring, lecithin (from sunflower oil), green tea extract, natural tocopherols (derived from non-GMO soy), ascorbyl palmitate, rosemary extract.

NutraVege™

Extra-strength vegetarian omega-3 supplement



eco
omega 3

Echium and algal oil
200 ml (6.8 fl. oz.) liquid

Omega-3 made easy.

- ✔ **Easy to take.**
Great taste in every dose.
- ✔ **Easy to trust.**
Every lot 3rd party tested for guaranteed purity and potency.
- ✔ **Easy to feel the benefits.**
The right amount of omega-3 in an easy to absorb triglyceride form.
- ✔ **Easy to believe in.** Sustainably sourced oils. 1% for the Planet member.

Extra-strength DHA, GLA & SDA vegetarian supplement

Directions: Adults and adolescents 14 yrs. and older take 1 to 2 tsp. daily. Children 2-13 yrs. take 1 tsp. daily.

After opening, refrigerate and consume within 100 days. Do not use if safety seal is broken or missing.

eco
Eco-friendly and sustainably sourced.

Pure™
Check for yourself.



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Ascenta®

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