

Made in Canada from
domestic and imported
ingredients.

v33.05



1%
FOR THE
PLANET
MEMBER

Supplement facts

Serving size 1 tsp. (5 ml) / Servings per container 40

Amount per serving	% Daily value
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Calories 40	
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Calories from fat 40	
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Fat 4.5 g	7%*
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Saturated 0.5 g	3%*
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+ Trans 0 g	
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Polyunsaturated 1.5 g	
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Monounsaturated 2 g	
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Cholesterol 15 mg	5%*
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Vitamin D3 (cholecalciferol) 12.5 µg / 500 IU	125%
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EPA (eicosapentaenoic acid)	320 mg†
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DHA (docosahexaenoic acid)	200 mg†
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GLA (gamma-linolenic acid)	50 mg†
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* Percent daily value is based on a 2000 calorie diet.

† Daily value not established.

* Guaranteed analysis EPA + DHA – 520 mg

Ingredients: fish oil (anchovies, sardines, mackerel), evening
primrose oil •, sunflower oil •, all natural flavoring,
tocopherols (derived from non-GMO soy), green tea extract.

• Certified organic by the USDA National Organic Program (NOP)

NutraSea KIDS™

Omega-3 + vitamin D supplement for kids



eco
omega 3

Fish Oil

200 ml (6.8 fl. oz.) liquid

Omega-3 made easy.

- ✔ **Easy to take.**
Great taste in every dose.
- ✔ **Easy to trust.**
Every lot 3rd party tested for
guaranteed purity and potency.
- ✔ **Easy to feel the benefits.**
The right amount of omega-3 in
an easy to absorb triglyceride form.
- ✔ **Easy to believe in.** Sustainably
sourced oils. 1% for the Planet member.

Omega-3 supplement
with EPA, DHA, GLA and
Vitamin D.

Directions: Children 2 to 13
years take 1 tsp. daily.

After opening, refrigerate and
consume within 100 days.
Do not use if safety seal is
broken or missing.

eco
Eco-friendly and
sustainably sourced.

Pure™
Check for yourself.



View test results and
learn more online.
www.purecheck.net

Ascenta®

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