

About Blonyx HMB Sport

HMB is one of the most researched ingredients proven to improve athletic performance. Research shows that:

- **HMB** enhances **endurance** when combined with aerobic exercise like running and cycling¹.
- **HMB** enhances **strength** when combined with heavy training¹.
- **HMB** enhances muscle **recovery** after strenuous exercise¹.

HMB is a naturally occurring substance needed by the body for muscle function and repair. We get **HMB** from eating foods such as grapefruit and fish.

At **Blonyx** we believe that supplements should only contain simple, proven ingredients without unnecessary sugars, sweeteners or other additives. Find out more at www.blonyx.com

¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Nutritional uses of Calcium-β-Hydroxy-β-Methylbutyrate (HMB) are licensed to Blonyx Biosciences, Inc. under U.S. Patent # 5,348,979 and # 6,103,764 as well as all corresponding international patents.



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Blonyx

HMB Sport

180 Capsules

Dietary Supplement

NPN#80039956

Directions: To benefit from taking HMB you require 3g a day. To achieve this take 2 capsules 3 times daily. Do not exceed the recommended serving. This tub contains a 30 day supply.

Supplement Facts

Serving size: 2 capsules
Servings per container: 90

Amount Per Serving	% Daily Value
Calcium (From Calcium-β-Hydroxy-β-Methylbutyrate) 130 mg	13 %
Calcium-β-Hydroxy-β-Methylbutyrate (HMB) 1.0 g	†

† Daily value not established.

Other Ingredients: Gelatin

KEEP OUT OF REACH OF CHILDREN.

This product is not intended for children, pregnant or breastfeeding women. People with known medical problems should consult their physicians prior to using this product, as they should with all dietary supplements.

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