

Made in Canada from
domestic and imported
ingredients.

v601.03



**FOR THE
PLANET**
MEMBER

Supplement facts

Serving size 1 tsp. (5 ml) / Servings per container 40

Amount per serving	% Daily value
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Calories 40	
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Calories from fat 40	
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Fat 4.5 g	7%*
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Saturated 1.0 g	5%*
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+ Trans 0 g	
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Polyunsaturated 2.5 g	
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Monounsaturated 1.5 g	
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Cholesterol 60 mg	20%*
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EPA (eicosapentaenoic acid)	500 mg†
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DHA (docosahexaenoic acid)	1000 mg†
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* Percent daily value is based on a 2000 calorie diet.

† Daily value not established.

* Guaranteed analysis EPA+DHA – 1500 mg

Ingredients: squid oil, all natural flavoring, natural
tocopherols (derived from non-GMO soy), green
tea extract.

NutraSeaTM DHA

High DHA omega-3 supplement



eco
omega 3

200 ml (6.8 fl. oz.) liquid

Omega-3 made easy.

- ✔ **Easy to take.**
Great taste in every dose.
- ✔ **Easy to trust.**
Every lot 3rd party tested for
guaranteed purity and potency.
- ✔ **Easy to feel the benefits.**
The right amount of omega-3 in
an easy to absorb triglyceride form.
- ✔ **Easy to believe in.** Sustainably
sourced oils. 1% for the Planet member.

High DHA formula with
a unique 1:2 ratio.

Directions: Adults and
adolescents 14 years and
older take 1 tsp. daily. Children
2–13 years take ½ tsp. daily.

After opening, refrigerate and
consume within 100 days.
Do not use if safety seal is
broken or missing.

eco
Eco-friendly and
sustainably sourced.

PureTM
Check for yourself.



View test results and
learn more online.
www.purecheck.net

Ascenta®

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