

Made in Canada from  
domestic and imported  
ingredients.

v28.06



#### Supplement facts

Serving size 1 tsp. (5 ml) / Servings per container 40

| Amount per serving | % Daily value |
|--------------------|---------------|
|--------------------|---------------|

|             |  |
|-------------|--|
| Calories 40 |  |
|-------------|--|

|                      |  |
|----------------------|--|
| Calories from fat 40 |  |
|----------------------|--|

|                  |            |
|------------------|------------|
| <b>Fat 4.5 g</b> | <b>7%*</b> |
|------------------|------------|

|               |     |
|---------------|-----|
| Saturated 1 g | 5%* |
|---------------|-----|

|             |  |
|-------------|--|
| + Trans 0 g |  |
|-------------|--|

|                     |  |
|---------------------|--|
| Polyunsaturated 2 g |  |
|---------------------|--|

|                     |  |
|---------------------|--|
| Monounsaturated 1 g |  |
|---------------------|--|

|                          |             |
|--------------------------|-------------|
| <b>Cholesterol 30 mg</b> | <b>10%*</b> |
|--------------------------|-------------|

|                                                     |             |
|-----------------------------------------------------|-------------|
| <b>Vitamin D3</b> (cholecalciferol) 25 µg / 1000 IU | <b>250%</b> |
|-----------------------------------------------------|-------------|

|                                    |                 |
|------------------------------------|-----------------|
| <b>EPA</b> (eicosapentaenoic acid) | <b>750 mg†*</b> |
|------------------------------------|-----------------|

|                                   |                 |
|-----------------------------------|-----------------|
| <b>DHA</b> (docosahexaenoic acid) | <b>500 mg†*</b> |
|-----------------------------------|-----------------|

\* Percent daily value is based on a 2000 calorie diet.

† Daily value not established.

\* Guaranteed analysis EPA+DHA = 1250 mg

Ingredients: fish oil (anchovies, sardines, mackerel),  
all natural flavoring, natural tocopherols (derived from  
non-GMO soy), green tea extract, vitamin D3.

# NutraSea<sup>TM</sup> +D

Great tasting omega-3 supplement with vitamin D



eco  
omega 3

Fish Oil

200 ml (6.8 fl. oz.) liquid

## Omega-3 made easy.

- ✓ **Easy to take.**  
Great taste in every dose.
- ✓ **Easy to trust.**  
Every lot 3rd party tested for  
guaranteed purity and potency.
- ✓ **Easy to feel the benefits.**  
The right amount of omega-3 in  
an easy to absorb triglyceride form.
- ✓ **Easy to believe in.** Sustainably  
sourced oils. 1% for the Planet member.

Balanced EPA & DHA  
formula with 1000 IU  
vitamin D.

**Directions:** Adults and  
adolescents 14 years and  
older take 1 tsp. daily. Children  
2–13 years take ½ tsp. daily.

**After opening,** refrigerate and  
consume within 100 days.  
Do not use if safety seal is  
broken or missing.

**eco**  
Eco-friendly and  
sustainably sourced.

Pure<sup>TM</sup>  
Check for yourself.



View test results and  
learn more online.  
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PLANET**  
MEMBER