

Suggested Use: Take 1 tablet daily, as a dietary supplement, or as directed by a physician.

Warning: If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)

Best if used by date on bottle. Store in a dry, cool place.

KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

Lot# 6071568

8-2012

Dietary Supplement

250 mg.
100 Tablets

Vitamin B-1

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value **	
Thiamin (Vitamin B-1) (as thiamin HCl)	250 mg	16,667%
Calcium (as dicalcium phosphate)	18 mg	2%
Phosphorus (as dicalcium phosphate)	14 mg	1%

** Daily Values are based on a 2,000 calorie per day diet.

Other Ingredients: Microcrystalline cellulose, stearic acid, dicalcium phosphate, croscarmellose sodium, magnesium stearate and aqueous film coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol).

Distributed by: Indiana Botanic Gardens, Inc.
3401 W. 37th Ave. Hobart, IN 46342

