

# WHY CHOOSE ELITE MASS?

- ✓ 54g of Sustained-Release Protein
- ✓ 11.5g of BCAAs
- ✓ 1,000mg of Creatine Monohydrate
- ✓ 9.9mg of Glutamine & Glutamic Acid\*
- ✓ 250mg of CLA
- ✓ Advanced lipids including Sunflower & Medium Chain Triglycerides (MCTs)
- ✓ 100mg Zytrix Digestive Enzyme Blend
- ✓ 16 Vitamins and Minerals

Dymatize Elite Mass is the ultimate gainer formula designed to help you pack on maximum lean mass and recover from your intense workouts.\* This cutting edge formula delivers 600 calories, complete with 54 grams of premium quality protein, lean lipids, complex carbohydrates, creatine monohydrate, BCAAs (branched chain amino acids), digestive enzymes, and a comprehensive vitamin and mineral blend! Everything you need to gain muscle and body size and to support a faster recovery from strenuous workouts.\*

**PREMIUM SUSTAINED-DELIVERY PROTEIN MATRIX:** Elite Mass contains a special premium protein blend of cross-flow, microfiltered, cold-processed, whey protein isolate and concentrate, micellar casein (no inferior caseinates) and egg white protein. This protein blend has a superior amino acid profile and has been instantized for easy mixing without a blender yielding unbeatable bioavailability and digestibility.\*

**ADVANCED LIPID COMPLEX:** Lipids are a highly concentrated energy source - more than double that of protein or carbohydrates and are a necessary component in muscle growth.\* This scientific lipid blend, including medium chain triglycerides (MCTs), CLA, and Sunflower Oil is readily available muscle fuel only seen in Elite Mass.\*

**STRENGTH AND RECOVERY:** To round out this high performance gainer we add creatine monohydrate. Creatine is one of the most studied and highly regarded nutrients to increase lean body mass and strength.\* Elite Mass packs in 25 grams of Essential Amino Acids, 11.5 grams of the critical BCAAs (L-Leucine, L-Isoleucine and L-Valine), and 10 grams of Glutamine, all adding up to support real gains in strength and faster recovery.\* Elite Mass will optimize the results of each strength-training workout while a complete vitamin and mineral profile helps to ensure your body gets the balanced nutrition it needs.\*

Elite Mass will help you pack on the lean mass and develop the physique you've always wanted.\* For optimal results, combine with a sensible diet and an intense training program.\*

YOUR AMBITION. OUR NUTRITION.™

DYMATIZE NUTRITION®

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**DYMATIZE**  
NUTRITION

# ELITE MASS

## Hi-Protein Muscle Gainer



Advanced Digestive  
Enzyme Matrix

PROTEIN

**54**

GRAMS

CALORIES

**600**

PER SERVING

BCAAs

**11.5**

GRAMS

CREATINE  
MONOHYDRATE

**1**

GRAM

**FUDGE BROWNIE**

NATURALLY & ARTIFICIALLY FLAVORED



DIETARY  
SUPPLEMENT

NET WT 52.9 OZ (3.3 LBS) (1.5kg)

## Supplement Facts

Serving Size: 3 scoops (150g) Servings Per Container: 10

| Amount Per Serving                                            |         | % Daily Value |
|---------------------------------------------------------------|---------|---------------|
| Calories                                                      | 600     |               |
| Calories from Fat                                             | 45      |               |
| Total Fat                                                     | 5 g     | 8%*           |
| Saturated Fat                                                 | 2 g     | 10%*          |
| Cholesterol                                                   | 125mg   | 42%*          |
| Total Carbohydrate                                            | 75 g    | 25%*          |
| Dietary Fiber                                                 | 3 g     | 12%*          |
| Sugars                                                        | 8 g     |               |
| Protein                                                       | 54 g    | 108%*         |
| Vitamin A                                                     | 1750 IU | 35%           |
| Vitamin C                                                     | 51 mg   | 85%           |
| Vitamin D                                                     | 200 IU  | 50%           |
| Vitamin E                                                     | 18 IU   | 60%           |
| Riboflavin                                                    | 1.4 mg  | 82%           |
| Niacin                                                        | 9 mg    | 45%           |
| Vitamin B6                                                    | 0.9 mg  | 45%           |
| Folate                                                        | 120 mcg | 30%           |
| Biotin                                                        | 135 mcg | 45%           |
| Pantothenic Acid                                              | 4.5 mg  | 45%           |
| Calcium                                                       | 550 mg  | 55%           |
| Phosphorus                                                    | 400 mg  | 40%           |
| Zinc                                                          | 6.75 mg | 45%           |
| Chromium                                                      | 54 mcg  | 45%           |
| Sodium                                                        | 450 mg  | 19%           |
| Potassium                                                     | 800 mg  | 23%           |
| Zytrix® Digestive Enzyme Blend<br>(Protease, Lactase, Lipase) | 100 mg  | **            |
| Conjugated Linoleic Acid (CLA)                                | 250 mg  | **            |
| Creatine Monohydrate                                          | 1000 mg | **            |

\* Percent Daily Values (% DV) are based on a 2,000 calorie diet.

\*\* Daily Value not established.

**OTHER INGREDIENTS:** Protein Blend (Whey Protein Concentrate, Milk Protein Isolate, Whey Protein Isolate, Micellar Casein, Egg Albumin), Maltodextrin, Cocoa (Processed with Alkali), Lipid Complex (Sunflower Creamer (Sunflower Oil, Maltodextrin, Micellar Casein, Sunflower Lecithin, Sodium Citrate, Natural Tocopherols and Calcium Phosphate), Medium Chain Triglycerides (MCTs)), Natural and Artificial Flavors, Fiber Blend (Soluble Corn Fiber, Gum Blend (Cellulose Gum, Xanthan Gum, Carageenan), Polydextrose), Potassium Chloride, Sodium Chloride, Soy Lecithin, Vitamin & Mineral Blend (Sodium Ascorbate, d-Alpha-Tocopheryl Acetate, Biotin, Inositol, Zinc Oxide, Retinol Palmitate, Calcium D-Pantothenate, Cholecalciferol, Folic Acid, Pyridoxine Hydrochloride, Riboflavin, Maltodextrin, Chromium Chloride), Sucralose, Acesulfame Potassium, Stevia Leaf Extract. Contains Egg, Milk and Soy.

Manufactured & Distributed by:

Dymatize Enterprises, LLC, Dallas, TX 75234 USA  
(888) 334-LEAN / (214) 445-4864 / DYMATIZE.COM

**SUGGESTED USE:** As a dietary supplement, add 3 scoops of Dymatize Elite Mass to 16oz. of cold water or milk. Mix thoroughly. Use daily or as needed.

Note: Elite Mass is a highly concentrated lean gainer formulation. You may also consider taking half servings.

**WARNING:** Consult with a physician prior to use if you have any medical conditions. Do not use if pregnant or lactating. Use only as directed. **KEEP OUT OF THE REACH OF CHILDREN. NOTICE:** Use this product as a food supplement only. Do not use for weight reduction.

Zytrix® is a registered trademark of Custom Nutritional Laboratories.

### TYPICAL AMINO ACID PROFILE PER SERVING

#### ESSENTIAL AMINO ACIDS

|                           |          |
|---------------------------|----------|
| Leucine (BCAA)            | 5,400 mg |
| Isoleucine (BCAA)         | 3,170 mg |
| Valine (BCAA)             | 3,070 mg |
| Histidine                 | 1,080 mg |
| Lysine                    | 4,780 mg |
| Methionine                | 1,210 mg |
| Phenylalanine             | 2,260 mg |
| Threonine                 | 3,190 mg |
| Tryptophan                | 840 mg   |
| CONDITIONALLY ESSENTIAL   |          |
| Glutamine & Glutamic Acid | 8,920 mg |
| Arginine                  | 1,880 mg |
| Cysteine                  | 980 mg   |
| Glycine                   | 995 mg   |
| Tyrosine                  | 1,850 mg |

#### NON-ESSENTIAL

|               |          |
|---------------|----------|
| Aspartic Acid | 5,360 mg |
| Alanine       | 2,340 mg |
| Proline       | 4,110 mg |
| Serine        | 2,260 mg |

✓ per serving



Trusted by sport



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