Suggested Use: Take 2 capsules once daily, with meals, as a dietary supplement, or as directed by a physician.

Warning: If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.) Best if used by date on bottle. Store in a dry, cool place. KEEP OUT OF REACH OF CHILDREN Any Questions? 1-800-644-8327
Website: www.botanicchoice.com
Distributed by: Indiana Botanic Gardens, Inc

3401 W. 37th Ave. Hobart, IN 46342

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease Lot# ???????

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Facts Supplement

Serving Size 2 Capsules

Daily Value not estalished.

Servings Per Container 30			
Amount Per Serving	% Daily Val	% Daily Value**	
Thiamin (Vitamin B-1) (as thiamine HCI)	50 mg	3,333%	
Riboflavin (Vitamin B-2)	25 mg	1,471%	
Niacin (Vitamin B-3) (as niacinamide)	50 mg	250%	
Vitamin B-6 (as pyridoxine HCI)	100 mg	5,000%	
Vitamin B-12 (as cyanocobalamin)	100 mcg	1,667%	
lodine (as potassium iodide)	190 mcg	127%	
Magnesium (as magnesium oxide)	310 mg	78%	
Zinc (as zinc picolinate)	25 mg	167%	
Selenium (as L-selenomethionine)	100 mcg	143%	
Copper (as cupric oxide)	1.50 mg	75%	
Manganese (as manganese sulfat	te) 10 mg	500%	
Irish moss powder (dried plant)	75 mg	t	
L-Tyrosine	100 mg	t	

Daily Values are based on a 2,000 calorie per

