

Made in the USA
v503.02



FOR THE
PLANET
MEMBER

Supplement facts

Serving size 2 softgels (2600 mg)
Servings per container 30

Amount per serving	%Daily value
Calories 25	
Calories from fat 25	
Fat 2.5 g	4%*
Saturated 0 g	0%*
+ Trans 0 g	
Polyunsaturated 1.5 g	
Monounsaturated 1.0 g	
Cholesterol 20 mg	7%*
EPA (eicosapentaenoic acid)	400 mg†*
DHA (docosahexaenoic acid)	800 mg†*

* Percent daily value is based on a 2000 calorie diet.

† Daily value not established.

† Guaranteed analysis EPA+DHA – 1200 mg

Ingredients: Squid oil, all natural flavoring,
natural tocopherols (derived from non-GMO soy),
green tea extract.

Softgel ingredients: gelatin, glycerin,
purified water.

NutraSeaTM DHA

High DHA omega-3 supplement

2x Concentrated

Our recommended
potency
in just two
softgels.

Fresh Mint flavor
60 softgels

Omega-3 made easy.

- ✔ **Easy to take.**
Great taste in every dose.
- ✔ **Easy to trust.**
Every lot 3rd party tested for
guaranteed purity and potency.
- ✔ **Easy to feel the benefits.**
The right amount of omega-3 in
an easy to absorb triglyceride form.
- ✔ **Easy to believe in.** Sustainably
sourced oils. 1% for the Planet member.



Eco-friendly and sustainably sourced
from calamari-grade wild squid.

High DHA formula
with a unique 1:2
ratio.

Directions: Adults and
adolescents 14 years and
older take 2 softgels daily.

Do not use if safety seal is
broken or missing.

PureTM
Check for yourself.

lot
exp. / best

View test results and
learn more online.
www.purecheck.net

Ascenta[®]

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