

SUGGESTED USE Consume one or two capsules daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with **ANDREW LESSMAN'S Life Rx™** multi-vitamin-mineral formulas. **For answers to questions about the use of this product call 800.800.1200.**

Note: This product has a slight natural odor from its cruciferous vegetable extracts.

UNSURPASSED.
Purity. Quality. Integrity. Effectiveness.



Andrew Lessman
Andrew Lessman
Founder of ProCAPS LABS

QUESTIONS? RE-ORDERS?
CALL 800.800.1200
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ALL-SOLAR
MANUFACTURING

430 Parkson Road • Henderson, NV 89011

NATURAL HORMONE BALANCE

ULTIMATE WOMEN'S WELLNESS™

NATURALLY RELIEVES SYMPTOMS OF
MENOPAUSE • PERIMENOPAUSE • PMS



DIETARY SUPPLEMENT



360 Easy-to-Swallow Capsules

Andrew Lessman's ULTIMATE WOMEN'S WELLNESS is our most comprehensive formula to support the needs of women at all stages of life. It contains our highest levels of the key beneficial isoflavones from **Soy (Genistein and Daidzein)**. Research has shown that these natural isoflavones can help diminish the normal symptoms of menopause, such as hot flashes and night sweats. In addition to extensive research on hormonal balance, only **Soy** isoflavones have also been consistently shown to support bone and heart health. For centuries, **Soy** has been a staple food in the healthy Asian diet and **Ultimate Women's Wellness** is designed to provide the same balance of isoflavones present in the healthy Asian diet. We also include 400 IU of **Vitamin D3** and 100 mg of **Calcium** because of their critical roles in women's health, along with our special extract of **Green Tea** – Asia's traditional beverage. Our **Green Tea Extract** is standardized to provide 125 mg of **EGCG** - now viewed as the molecule responsible for **Green Tea's** many health benefits. We also include 75 mg of our new **Broccoli** extract standardized for high levels of **Sulforaphane**, which is now considered to be **Broccoli's** key beneficial molecule. We also add 75 mg of **Indole-3-Carbinol**, also found in healthy cruciferous vegetables, which has been shown to support normal estrogen activity and metabolism in breast tissue. We also include 250 mg of our special **Cranberry** concentrate, providing powerful support to a woman's urinary tract. Also included are high levels of **Lutein**, **Lycopene** and **Zeaxanthin**, because they are so important to the health of female tissues, while also lacking from our diet and most supplements. We also add high levels of our **B-Complex Vitamins**, including our uniquely protected and absorbable **B12**. All of these ingredients make our **Ultimate Women's Wellness** our most comprehensive choice for hormonal balance and wellness. This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 180

Amount Per Serving		%DV*
Vitamin D3 (as cholecalciferol)	400 IU	100%
Vitamin B1 (as thiamin hydrochloride)	5 mg	333%
Vitamin B2 (as riboflavin)	5 mg	294%
Niacin (as niacinamide)	5 mg	25%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	250%
Folic Acid	50 mcg	13%
Vitamin B12 (as cyanocobalamin)	100 mcg	1667%
Biotin	50 mcg	17%
Pantothenic Acid (as calcium pantothenate)	5 mg	50%
Calcium (as calcium carbonate)	100 mg	10%
Novasoy™, ultra-concentrated extract (soybean) standardized to 40% isoflavones	175 mg	†
Soy Isoflavones	70 mg	
Green Tea, extract (leaf) standardized to 98% polyphenols	250 mg	†
EGCG (Epigallocatechin Gallate)	125 mg	
Cranberry, extract (fruit) standardized to 35% fruit acids/17:1 concentrate	250 mg	†
Indole-3-Carbinol	75 mg	†
Broccoli, extract (sprout/seed) standardized to 1.2% sulforaphane glucosinolates	75 mg	†
Lutein	2 mg	†
Lycopene	1 mg	†
Zeaxanthin	250 mcg	†
Genistein	33 mg	
Daidzein	30 mg	

* %DV are based on a 2,000 calorie diet. † DV not established.

Other Ingredients: Gelatin capsule. **NO ADDITIVES.**