Supplement Facts

Serving Size 1 Scoop (~20g) Servings Per Container 40 + 2 Free = 42

Amount Per Serving		%DV	Amount Per Serving	%DV
Calories	24		L-Taurine	**
Total Carbohydrates	6g	2%*	CarnoSyn® Beta Alanine	**
Sugars	0g	**	Sustamine™ (L-alanyl-L-glutamine)	**
Niadin	10mg	50%	Acetyl L-Carnitine	**
Vitamin B6 (as pyridoxine HCI)	10mg	500%	Enertropic & Antioxidant Complex 1200mg	
Vitamin B12	10mcg	167%	L-Tyrosine	**
(as cyanocobalamin, methylcobalamin			Choline Bitartrate	**
Calcium (as carbonate)	25mg	3%	Caffeine Anhydrous	**
Magnesium (as magnesium oxide)	25mg	6%	Guarana Seed	**
Sodium	120mg	5%*	Yerba Mate (leaf)	**
(as sodium bicarbonate, trisodium ph			Kola Nut Powder (seed)	**
Potassium (as potassium phosphate)	68mg	2%	Green Tea Extract (polyphenols, EGCG)	**
Shock Therapy® Proprietary Formula			Grapeseed Extract (OPC)	**
MO Super Pump Volumizing Complex 5000mg Creatine Complex [creatine monohydrate, Creatine MagnaPower ⁴⁶ (magnesium creatine chelate)] Arginine Matrix [arginine HCl, arginine AKG, ArginioCam ⁴⁸ (acetyl-1-camittine arginiste dichloride)]			L-Oysteine HCl	**
			Na-R-Alpha Lipoic Acid (Na-R-ALA)	**
			NAD (nicotinamide adenine dinudeotide)	**
			Electrolyte & Delivery Complex 5265mg	
			Shock Therapy® Carb Blend	**
Citrulline Malate		**	(glucose polymers, D-glucose, trehalose)	
GlycoCam® (glycine propionyl L-can	nitine HCI)	**	Sodium Bicarbonate	**
Pine Bark Extract (proanthocyanidins	s)	**	Potassium Phosphate	**
Glucuronolactone		**	Trisodium Phosphate	**
Muscle Strength Blend	5500mg		Calcium Carbonate	**
BCAA Complex (L-leucine, L-valine,	L-isoleucin	ie) **	Magnesium Oxide	**

* Percent Daily Value based on a 2000 calorie diet, **No Daily Value established

OTHER INGREDIENTS: Natural and artificial flavors, citric acid, malic acid, sucralose, acesulfame potassium, red #40 lake FD&C blue #1. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat

INGREDIENT NOTES: Sustamine™ is a trademark of Kyowa Hakko Bio Co., Ltd. GlycoCarn® and ArginoCarn® are registered trademarks of Sigma-tau HealthScience and are manufactured exclusively worldwide under USA production patent #6703042 and worldwide production patent EP1202956. Creatine Magna Power® is a registered trademark of Albion Laboratories, Inc., and is covered by U.S. Patent #6,114,379 and patents pending. Licensed under one or more of U.S. Pat. Nos. 5,965,596, 6,426,361 and 7,504,376, each of which is owned by Natural Alternatives International, Inc. (NAI). NAI is also the owner of the registered trademark CarnoSyn®. Citrulline Malate is licensed under U.S. Pat

DOSAGE: For performance enhancement use 30 minutes preworkout. Depending on factors such as bodyweight experience and stimulant tolerance, use 1-2 scoops per training session. Athletes weighing more than 200 lb may require 1.5 to 2 total scoops. Always start with a single scoop (or less) serving in order to assess individual tolerance. Do not exceed 2 scoops in a single 24-hour period. Do not take within 6-8 hours of bedtime

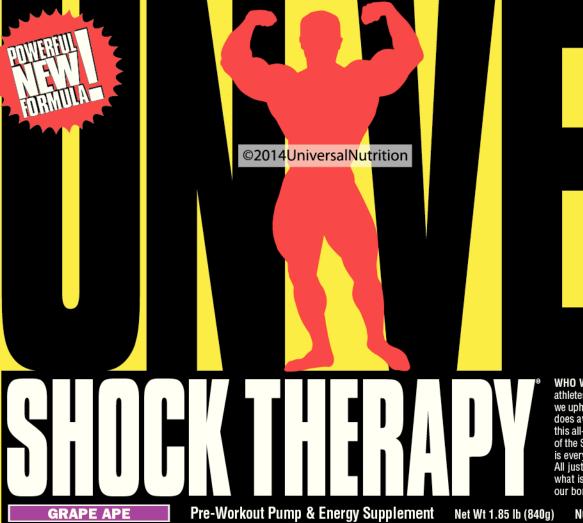
WARNING: This product is not for use by anyone under the age of 18. Do not take this if you have or are at risk for any medical condition or disease. Please consult with a physician before using this product, especially if you are using any prescription drug, over-the-counter medication, or supplements. Immediately discontinue use if any side effects occur. California Proposition 65: This product contains a substance known to the State of California to cause birth defects or other reproductive harm. Keep out of reach of children. Athletes should consult with their sanctioning

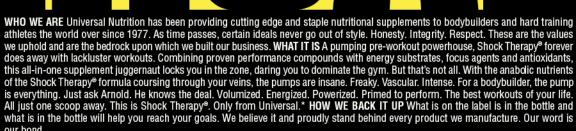
authority before use. Do not exceed recommended dose. *These statements have not been evaluated by the Food and Drug Administration. This product is not intended to



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Net Wt 1.85 lb (840g) NO Volumizer ∣ Extreme Pumps & Energy ∣ Creatine ∣ Sustamine™ ∣ ArginoCarn® ∣ GlycoCarn® ‱13-G-31930